

# Pet Tidings



Published by PENINSULA FRIENDS OF ANIMALS, home of Clallam County's only cageless, no-kill pet sanctuary and adoption center, Safe Haven!

## Watson becomes a Prince

By Ann Gilson

The call came late one rainy afternoon last fall. The neighbor of a PFOA volunteer called, upset and worried.

"I just got home from my foot doctor's," she said, "and there's the sweetest kitten down there, outside under the shrubbery. They say it came about a week or so ago and has been there ever since. They didn't feed it at first, but it's so nice, and so hungry, that someone finally did."

Then her voice broke, as she finished, "But they say it can't stay there, and they'll have to take it to the pound



**Watson was an older stray that his rescuers thought would be hard to place. But they were wrong.**

tomorrow." A pause, and, "Can you do something? He's so nice."

Our volunteer, who doesn't always look before

she leaps, replied, "Of course. I'll call and then go get him right now."

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Peninsula Friends of Animals has always been and continues to be an independent group that is not associated with any other group or shelter.

### OUR MISSION

To prevent the birth of unwanted cats and dogs through progressive spay/neuter and educational programs; and to place as many homeless, neglected, and abused animals as possible into good, safe, permanent homes.



Ivy



Dixon



Brillo



Lolly

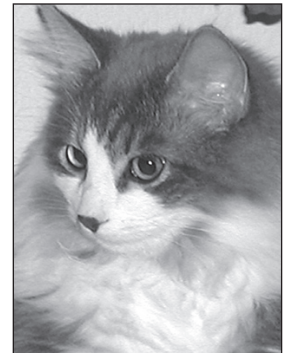


Sunny Boy



Romeo

### The 1000th adopted cat



See Page 5

## ***Peninsula Friends of Animals***

P.O. Box 404  
Sequim, WA 98382  
(360) 452-0414

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### **Pet Tidings**

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*Editors: Ann Gilson,  
Nancy O’Gorman,  
Susan Skaggs*  
*Page Designs: Nancy  
O’Gorman*  
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Lopez, Barbara Swedeen*  
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bell, Karen Groves, Janet  
Harker, Helen Hille, Diane  
Lopez, Mary Margolis,  
Kim Pruitt, Tom Rogers,  
Barbara Swedeen.*

***Pet Tidings*** welcomes submissions in the form of letters, photos, and stories. We reserve the right to edit any submission for space and clarity. Please keep letters brief; send photos in high resolution. E-mail to [pettidings@olyopen.com](mailto:pettidings@olyopen.com). Other correspondence can be e-mailed to [safe-haven@olyopen.com](mailto:safe-haven@olyopen.com).



## *From the Editor's Desk*

**Spring is just around the corner**, and it won't be long until this year's kittens make their first appearances.

When they do, we often receive calls at Safe Haven asking us to take feral kittens that people find in various places, often near barns, under woodpiles, or under buildings and in alleys.

We used to do this occasionally, especially if there was a foster home available to provide intensive socialization. We no longer do.

The literature on the subject seems to say that such kittens can be socialized if rescued before 12 - 16 weeks of age. Our experience is that most cannot be unless they are worked with between 6 - 8 weeks of age, *continuing* through 12 - 16 weeks.

The problem is that a feral mother usually hides her kittens until they are 8 weeks or older, and only if she is killed are they likely to be seen and captured early. By the time the kittens are ordinarily out and about they, like all wild animals, have learned to fear and avoid humans. Their lives depend on it.

This is not to say that *no* feral kitten, or cat, can ever be tamed. Some can, given enough effort (and a genetic predisposition to tameness), but the vast majority cannot. And the people who come to us seeking a

companion animal want a trusting, happy, *friendly* companion. A shy, fearful cat that hisses or bites when touched, or who crouches under furniture when humans are present, or who expends all its efforts to escape from a home and flee is not what 99% of the folks who contact us are looking for. Not to mention that such a life is a misery for the cat, as well.

We advise the humane, caring people who find feral cats or older kittens in their neighborhoods to provide shelter for them and to put out food and water regularly. **MOST IMPORTANT**, we urge them to take advantage of our FREE "trap/spay-neuter/return" program to prevent any more feral kittens being born. This serves to stop the problem, rather than expanding it. We will assist with food also, if necessary.

A large caveat: some seemingly feral or "wild" adult cats are actually lost or abandoned cats who have become afraid of humans as adults. These can sometimes be rehabilitated. A truly feral cat or kitten is one born and raised without a home or early human contact. Once feral, for all intents and purposes, they are impossible to tame. Regretfully, we cannot accept them for placement.

*The Editors*

## **House beautiful**

Looks like Maggie had a Merry Christmas last year, showing off her decorated dog house for the holidays. Maggie belongs to Linda Kemp of Port Angeles, one of PFOA's many dedicated volunteers.



# Sweet, happy and trusting — everyone loved Watson

--Continued from Page 1

She called Nancy Campbell, PFOA's Adoption Coordinator, got an okay, grabbed a carrier and headed for the doctor's office to pick up the kitten.

Imagine her surprise when she got there and found, not an orange and white kitten, but a large, rather moth-eaten looking elderly cat. He trotted right up to her as if to say, "Hi, I'm Watson. Can I go home with you?" and wove around her ankles, purring up a storm. Our volunteer said to herself, "Boy, my hearing really must be going. She must have said 'kitty,' not 'kitten.' This one is not going to be easy to place."

However, she loaded him in the carrier and took him to the vet's to be checked over. He was healthy, but thin, his beautiful orange coat was dirty and had some mats, a few fleas—typical of a cat on his own for a while. And yes, he was old, at least 12, the vet estimated. But very friendly and unafraid.

His owner was sought via an ad

in the newspaper (our standard procedure), but no one claimed him. So after a few days, he went to Safe Haven. He loved it!

Watson was so happy to be in a nice warm room with 4 other cats. He loved the outdoor run, the bowls of food, the soft beds and toys, and most of all, the volunteers who come daily to visit and pet and play with the cats.

Everyone loved Watson, too—he was so sweet and happy and trusting. Older cats sometimes take a long time to place, so we were glad Watson was happy where he was.

And he might have stayed at Safe Haven a long time, had not his soul mate found him there. Mary Ann Blake, her heart still sore from the loss of her beloved older cat, came



Watson

one day to find a quiet, unaggressive companion for her remaining cat, who seemed lonely. She wanted a younger cat this time, one who was healthy and would be with her a long time.

Then she met Watson and loved him the minute she saw him. They went home together, and Watson became the Prince of her home. All was well.

All still *is* well, though there is a shadow over their home now. Recently it was discovered that Prince's heart is slightly enlarged and he has a heart murmur. His veterinarian doesn't believe it will shorten his life significantly, but it is a concern to Mary Ann. But as she says, "I'm so very glad it wasn't diagnosed before I got him, because I might not have taken him, and I am *so glad* I did! He is the joy of my life and every day with him is precious."

Prince Watson would agree. He puts a paw out in greeting and touches Mary Ann lightly many times each day, as if to say, "I'm happy here. I love you."

## The cost of saving lives at PFOA

**Peninsula Friends of Animals** charges a \$75 adoption fee for the animals it places. Unfortunately, this doesn't begin to cover the medical costs associated with these animals.

Most of the animals who come into PFOA care aren't spayed or neutered, and almost none have had a recent vet exam and most are not current on their shots.

**What are the average costs of routine medical treatment for pets belonging to the general public?**

- Routine exam with vaccinations - \$40 to \$80
- Cat spay - \$85 - \$140
- Cat neuter - \$45 - \$60
- Dog spay - \$100 - \$300
- Dog neuter - \$95 - \$200

**If an animal needs extra medical**

**services, the prices are:**

- Dental work - \$150 - \$500
- X-rays - \$50 - \$100
- Blood work - \$75 - \$150
- An animal that needs special, non-routine vet services can easily cost over \$1,000.

**If an animal needs grooming:**

- Grooming costs to bathe and remove mats - \$25 - \$50

**So adopting a PFOA cat or dog at \$75 is quite a bargain!**

*(A special thanks to those dedicated veterinarians who have given discounts or worked for free on some of our special needs animals, and also to those who perform our low-cost spay/neuter clinics and programs. And thanks, too, to our gentle pet groomers.)*

### Common myths about spay/neuter

**Myth:** "Spaying and neutering costs too much."

**Fact:** They're cheaper in the long run than caring for the litters! Financial assistance may be available for the surgeries, and license fees often cost less for spayed or neutered pets.

*(PFOA funded 3,515 spays and neuters from 2000-2007)*

# “Dear Peninsula Friends of Animals . . .”



Lily

To all of the wonderful volunteers of PFOA, my husband and I would love to thank you from the bottom of our hearts for allowing us to adopt one of your kittens.

The kitten that we adopted was named Holly (now Lily), and she is just as sweet now as she was when we first got her this past August. She is so playful, and full of life; we cannot imagine our lives without her.

You all do wonderful things for these animals and so I thought just in case you don't hear it often . . . Thank you!

If there are any regrets it is that we didn't adopt another kitten/cat, so maybe you will see us after the first of the year.

Love, DeAnna and Jared Clements

## Hi PFOA,

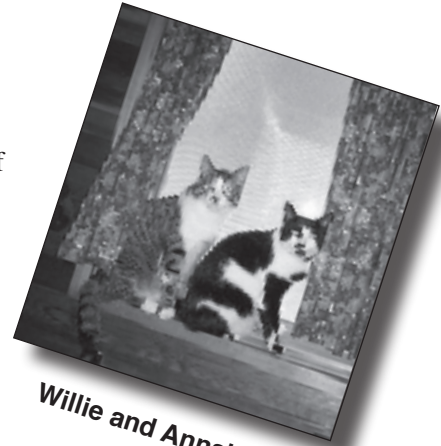
I had adopted two kittens from Safe Haven almost a year and a half ago (litter mates, Peggy and McPhee, renamed Annabelle and Willie).

Willie loves to lie on his back and have his tummy rubbed so he still enjoys what you started. He is a very cuddly big lap cat; Annabelle is more of a petite size cat and quite a character. She has such a sweet little meow and makes such cute sounds.

By the way, she plays with her toy mice she would have been a good mouser but we don't have them go outside. And also, it explains why right away they had no fear of our two lab mix dogs, maybe since they were mothered by Raven.

I really like what PFOA is all about and what a nice facility Safe Haven is and what it's becoming.

Linda and Scott Paulson



Willie and Annabelle



Toby and Pablo

## Dear PFOA,

As promised, here a few pictures of Pablo and Toby (BJ)!

Thanks again for everything . . .

If we don't know where he is in the room, all we have to do is listen for the purr . . . all this little guy does is purr, purr, purr!

All the best,

Susanne (Severeid)  
van Renterghem



Darby

## Dear PFOA,

Here is a photo of Darby (formerly Angus) in one of his “Aren't I adorable?” poses. He is very playful and loving.

It's been a long time since I had a kitten AND a boy cat. It's quite a combination.

I adopted Darby in June. He has been a challenge and a delight.

Thank you for all your caring and work. You are very much appreciated.

Earlene Loveday

# Meet 3 volunteers: The Juskevich family

By Nancy O’Gorman

Ten-year-old Carter Juskevich wants to be a veterinarian when she grows up. Until then, Peninsula Friends of Animals keeps her and her mom and dad, Holly and Mike, busy fostering kittens every spring and summer. Their yellow lab, Maile, and their cat, Cooper, also “help” with volunteer duties.

It all began about three years ago when Carter, a fourth-grader at Franklin Elementary School, became acquainted with the kittens of her cousin’s cat. Naturally, Carter wanted to take one home, but her mother made a deal: They could adopt one, or foster *many* kittens over the years through PFOA’s foster program. Carter liked the idea of raising and playing with a constant supply of adorable fluffy kittens well into the future, so she chose the latter.



**Holly, Carter, and Mike Juskevich work as a family of volunteers for PFOA along with their cat Cooper.**

After touring Safe Haven and signing up as volunteers, the Juskeviches received their first batch of kittens. As one would guess, Carter became attached to a tabby-white kitten named Cooper, which her parents allowed her to keep. To the family’s delight, Cooper, now 3 years old, loves to play with kittens, too.

“He’s like a foster dad — he cleans them and sleeps with them,” Holly says.

The motherless kittens are kept in a spare room with a dutch door so that Cooper has access to them when

the top door is open. The family’s older cat, Tabbie, is not impressed, and stays away. Maile the dog shows deference to kittens that appear afraid of him, but loves the ones who appear to like him.

The Port Angeles family showed unusual dedication to animals last spring when asked to help PFOA rescue two kittens from under a woodpile belonging to one of our longtime supporters in Port Angeles. Mike, Holly, and Carter spent three weekends carefully moving the large pile three times before they were successful. (A photo of their lab, Maile, cuddling the feral kittens was featured on Page 15 of the winter 2008 issue of *Pet Tidings*).

After fostering seven or eight litters of kittens to date, the Juskeviches know a lot about kittens, and Carter is well on her way to veterinary school some day.

## PFOA makes 1000th adoption to Forks couple

Peninsula Friends of Animals’ adoption coordinator Nancy Campbell announced recently a Forks cat as the milestone one-thousandth adoption.

Formed in 1999 in Sequim — and operating from Safe Haven, located since March 2004 between Sequim and Port Angeles — PFOA has a long history of cooperating with Friends of Forks Animals to rescue and re-home cats and dogs. So it is an appropriate coincidence, Campbell says, that the one-thousandth adoption is of a cat rescued in Forks, cared for at Safe Haven, then adopted to new owners in Forks.

“Even stranger is that we don’t know for sure which of the pair of



**Chezzie represents a milestone for PFOA.**

cats they adopted is actually number one-thousand,” says Campbell.

Six-month-old Chezzie and Dexter went to Safe Haven together

as a bonded pair last summer and were adopted together by Ken and Judy Schindler of Forks last month. The couple’s last cat out of four old-timers died recently, and the Schindlers wanted new feline companions. When they saw the large assortment of cats and kittens at Safe Haven, they decided four was still a good number for them and adopted two other cats, Miles and Lolly, as well.

Not only did the Schindlers adopt No. 1,000, but also 1,001, 1,002 and 1,003.

“They are certainly well supplied with cats now,” Campbell says, “and we’re well started on our second thousandth adoption.”



## “Dear Peninsula Friends of Animals . . .”

**Dear PFOA,**

After my calico cat died in November, I was so devastated that I didn't think I could put my broken heart into loving another cat. Eight months went by living my life “catless,” which had never happened before. I was hoping that some day I could heal enough to adopt a new cat.

I came out to your shelter. You wanted me to meet Mandy. My, oh my, was Mandy ever a love bug. She smiled, kneaded her feet up and down and had a HUGE purr. It was obvious that Mandy picked me. I brought her home and within five minutes, Mandy walked by my easy chair, jumped into my lap, laid herself upside down in my arms just like a human baby, and extended her front legs up towards my face, and with her front paws kneaded on my LIPS! And I heard a HUGE purr. Mandy accepted me right away. It was at this moment I knew Mandy and I would be OK.



**Mandy**

**Laurie Cox**



**Jackson and Meg**

**Dear PFOA,**

Enclosed is a picture of the two sweeties we adopted from Safe Haven in April, 2006. As you can probably tell, they are both fat and sassy.

Jackson (formerly Phillip) on the left, and Meg on the right. They sleep on the bed and in their baskets, play with toys, chatter at birds at our feeder, race around and seem pretty happy.

Thank you Safe Haven. Our cat family is a delight.

Sincerely,  
**Charlotte and Ken Patterson**

### ***Lucky kitty . . .***

**Kathy Trainor** of Port Angeles rescued Oliver and promptly adopted him as her own. With his big paws and expressive eyes, the tabby easily won her heart.

Send your cute pet photo to [pettidings@olypen.com](mailto:pettidings@olypen.com) and we will try to print it if room allows.



**Oliver**

Cats seem to go on the principle that it never does any harm to ask for what you want.

*Joseph Wood Krutch*

# Trap-Neuter-Return program can help

By Sharon Quesnell

## Peninsula Friends of Animals

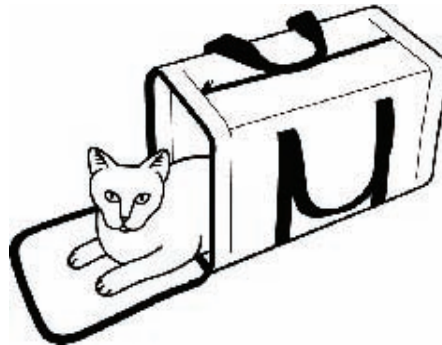
has an ongoing program aimed at preventing the rampant growth of the homeless cat population. It is called “T-N-R,” or Trap-Neuter-Return.

Other organizations may call it Trap and Release, but all organizations have one goal: To assist homeless cats to improve their quality of life and to help decrease their numbers through spaying and neutering.

Many members of the community find themselves with feline visitors — abandoned, stray or feral— that reside on or near their property. These cats can be beneficial, such as providing rodent control. Left unattended, however, they can reproduce at a rapid rate. In fact, spaying one female can prevent the birth of over 400,000 offspring (if all are left unaltered) when measured over a seven-year period.

### To start the T-N-R process:

- Determine if the cat belongs to someone nearby by posting flyers in the area and with local veterinarians, talk with neighbors, run free ads in the local paper or radio station. Delay may result in an unwanted litter, thus magnifying the problem.
- Call Safe Haven at 360-452-0414



and leave a message with your name, phone number and a brief description of the situation. A volunteer will respond with a plan that best suits the circumstances.

■ PFOA can assist with the loan of humane trapping equipment, instructions and trapping tips and also schedule appointments with veterinarians who participate in the T-N-R program. Donations to defray spay/neuter costs are appreciated.

**IMPORTANT: No trapping should be done without following the first three steps, particularly the scheduling of vet appointments. PFOA does not have the ability to do “drop-in T-N-Rs.”**

- With a vet appointment in hand and preplanning with your PFOA volunteer helper, it is time to go into action.
- Trapped cats are delivered to the

veterinarian clinic at a designated date and time. Pre-operative and post-operative instructions are provided.

■ After recovery, the cat is released into same area where it was trapped, continuing to be fed by the same kind human caretaker. Returning a cat to the same location is critical, as cats relocated to a different place typically do not survive.

PFOA members and non-members alike use the T-N-R program. It ultimately assists all local animal agencies by reducing the number of unwanted pets and helps to ensure the feeding of the existing homeless cats. T-N-R at Peninsula Friends of Animals has been in operation since 2000 and has spayed or neutered more than 600 homeless cats.

Other PFOA programs help assist low-income pet owners with spaying and neutering their pets. With the exception of finding a forever home, T-N-R is the next best answer for a homeless cat or kitten.

PFOA is grateful to the hundreds of people in Clallam County who have committed themselves to this worthy endeavor.

“Thanks” is a small word to communicate how PFOA feels about these special people. Their contribution is greatly appreciated.

## Fun Facts About Cats

**Cats conserve energy** by sleeping more than most animals, especially as they grow older. The daily duration of sleep varies, usually 12–16 hours, with 13–14 being the average. Some cats can sleep as much as 20 hours in a 24-hour period. The term “cat nap” refers to the cat’s ability to fall asleep (lightly) for a brief period and has entered the English lexicon — someone who nods off for a few minutes is said to be “taking a cat nap.”

Due to their nocturnal nature, cats are often known

to enter a period of increased activity and playfulness during the evening and early morning, dubbed the “evening crazies,” “night crazies,” “elevenses” or “mad half-hour.”

The temperament of a cat can vary depending on the breed and socialization. Cats with “oriental” body types tend to be thinner and more active, while cats that have a “cobby” body type tend to be heavier and less active.

from [Wikipedia.com](http://Wikipedia.com)



# Safe Haven **ADOPTABLES!**

Little bursts of Sunshine:

## *Kitties in the colors of Springtime!*



**Morris**

**MORRIS** is a wonderfully mellow, short haired, orange tabby cat. He's approximately 3 or 4 years old. Morris is a large fellow, weighing in at 14 to 15 pounds! He's a very lovable boy who likes other cats. He'll need a safe, indoor-outdoor environment.



**Kitsune**



**Milo**

**KITSUNE and MILO** are twin, 20-week-old orange and white kittens. They're medium haired; the only difference in their appearance is the white tip on Kitsune's tail. These brothers are playful, inquisitive and love to cuddle. These little purr machines are neutered, have their first shots and are ready to go home. They do not have to be placed together.



**Butters**

**BONNIE and BUTTERS**, 6-month-old, silky haired calico kitties are waiting to be petted. Bonnie is slightly shier than Butters, but both love human and cat company. Butters purrs non-stop, and Bonnie rolls to her back so you can rub her tummy. What's not to love about these little girls? We'd like to place them together since they enjoy each other's company, but it isn't absolutely necessary.



**Bonnie**



**Carrie**

**CARRIE**, a calico lass, is an average-sized adult cat. She is loving and beautiful, too. She gets along well with other cats in her kitty room at Safe Haven, but would be OK as an only cat, as well. She's ready for a lap she can call her own.





# ADOPTION-CHALLENGED



**Jefferson**

**JEFFERSON** is a gorgeous 7 to 8-year-old flame-point Siamese. He had been the center of attention in his old home but since that family is growing, he needed to find a new place to live. He likes to be the “star” and shouldn’t go to a home with children. When he gets to know his new person, confidence will build and he will be a great companion. His next home needs to be the “forever” one.



**Molly Malone**

**MOLLY MALONE** is 2 to 3 years old and is very friendly. She needs a quiet home to live in since all her siblings died of FIP and stress could initiate the disease in her. She’s healthy now, though, and a real sweetheart, all 18 lbs. of her! Her diet will need to be watched, of course. She’s not your typical lap cat, probably because of her weight, but she’s certainly affectionate.

Please call PFOA’s message line at **360-452-0414** to talk about any of these featured pets; a volunteer will return your call. Or go online to see many others at [www.safehavenPFOA.org](http://www.safehavenPFOA.org)

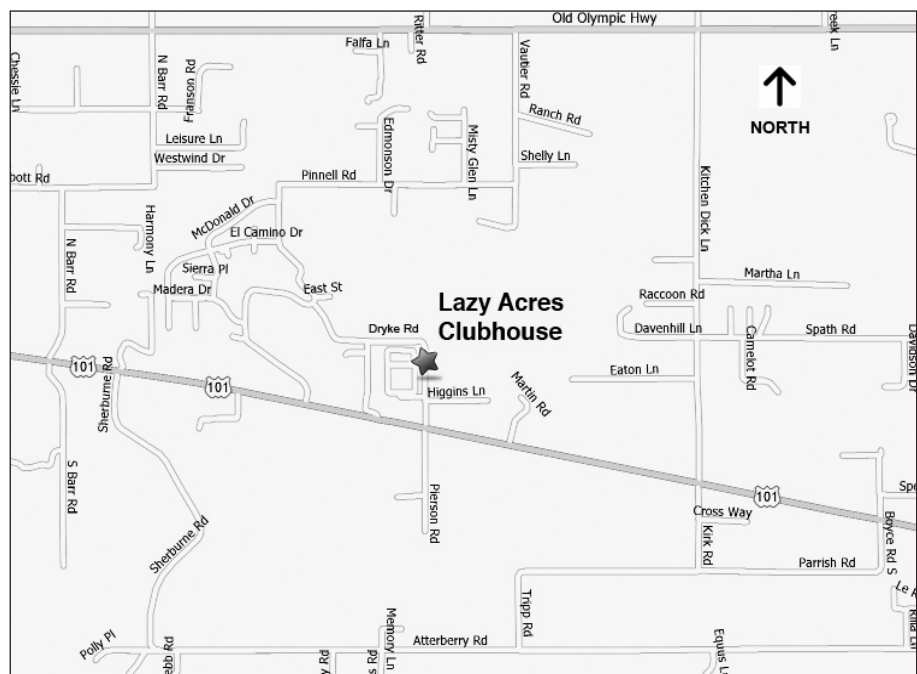
## Annual meeting with ‘snackluck’ planned

The annual membership meeting will be held Wednesday, May 28, at 6 p.m. at Lazy Acres Clubhouse, on Dryke Road, just off Hwy. 101, west of Sequim. Please join us for a “snackluck” social hour before the meeting from 5-6 p.m.

Members will be asked to vote on proposed changes to the by-laws. The changes being proposed are to make related sections agree with changes made at the 2007 annual meeting: *To reflect actual practices and/or correct conflicting statements.*

The changes will be available for members to review at Safe Haven by March 14; they can be mailed on request and will be available at the April 23 general membership meeting, also at Lazy Acres Clubhouse. Call 360-452-0414 to request written changes for review or e-mail [pfoa@olypen.com](mailto:pfoa@olypen.com).

Members will also be asked to vote for directors. The terms of four directors will expire this year. They are **Nancy Campbell, Janet**



**Map to Lazy Acres Clubhouse, just off Hwy. 101, west of Sequim.**

**Harker, Sharon Palmer, and Marci Wilson.** There were three directors appointed to the Board since the last annual meeting.

They are: **Sharron Fogel, Bruce Page** and **Barbara Swdeen.** Short

bios of these director candidates will be available at the same time and places as noted above.

Please join us for this important meeting, see old friends, make some new ones, and have a good time, too!

# Look who's been adopted!

---Continued from Page 1



Summer



Penny



Blueberry



Salmonberry



Becca



Frances



Princess



Desi



T-Mo



Merland



Wreath



Laurel



Wiggles



Squeaker

### Adopted kitties without photos:

- Rosa Bud
- Bo
- Johnny
- Ringo
- Feist
- Beau
- Hardy

## CAT NIPS

By Karen Groves

Consider the cat.

Unpretentious and non-judgmental.

They don't compare themselves to others or bemoan what they are missing.

Wondrously they take what they're dealt and cope with it, overcoming adversity without question or blame.

They are not obsessed with stepping on a scale or staring at their reflections.

They don't stress over wardrobe. Their ensembles are always in style and in season, always fit perfectly, always compliment their personalities.

They don't have bad hair days—unless they've endured shaving for health or safety reasons and then they might feel temporarily humiliated, especially if snickered at by fellow felines.

All they hope is that we appreciate and accept them as they are and provide them creature comforts in exchange for their unselfishly promoting our mental and emotional well being.

And let them do as they please when they please where they please.

Small price for unlimited returns.

# Ask PFOA: What should I be feeding my pet?

*By Susan Skaggs*

“Rover” was eating cheap, store-brand hard dog food, which he didn’t much like. So his owner allowed him lots of treats of dog biscuits, which he did like. Rover was subsisting on a diet that was roughly equivalent to eating nothing but Saltine crackers. I learned of his peculiar eating habits last Christmas when a friend and I split dog-sitting duties.

I feed my own dogs quality kibble and canned food from our local pet stores figuring dogs must be a lot like people; eating a healthy diet can prevent a lot of health problems in humans.

So my friend and I began feeding Rover high quality canned dog food which he gobbled down. We slowly added a good quality dry food to the wet. These, too, he ate eagerly. In place of the dog biscuits, we substituted healthier pet snacks made by the same companies that manufacture the “human quality” pet food.

When his owner returned, he kept Rover on the diet we’d started. In a month the little dog had more energy; he was able to go further and faster on his daily walks. His coat was thicker and glossier. He looked and



**Cats and dogs both need high-quality pet foods for good health.**

acted like a healthier dog.

This incident started me investigating pet food. Searching magazines and the Internet, what I found can be summed up in one sentence: You get what you pay for.

### It’s All About the Ingredients

To find out what’s in the food you’re serving your pet, read the list of ingredients on the can or bag.

Healthy pet foods should contain:

- Fresh, wholesome protein such as real meat or fish.

These should be the first (and possibly the second and third, too) ingredient on the label. Make sure the

label says chicken, lamb, beef, etc., not just “meat or meat meal” since it’s impossible to know what is in a meat or meat meal product.

Both cats and dogs need this type of protein to be healthy. Cats, especially, have trouble with plant-based protein. Yet most of the cheaper cat and dog foods have a high percentage of grain protein.

- Fiber that comes from digestible food stuffs such as vegetables and fruit, i.e. pumpkin, peas or beets (not peanut hulls or wheat middlings).

- Natural fats from sources like chicken fat or fish oil.

- Natural preservatives rather than chemical additives.

- Carbohydrates. When these are present, they should come from “real food” such as potatoes, barley and rice. Look for whole grain here.

### Know what to avoid

“Red flag” terms on pet food labels include:

- “Animal fat” or “meat proteins.”

These are euphemisms for low-quality, low-priced mixed ingredients of uncertain origin.

- Meat or poultry “by-products.”

There is no industry standard for what these are, making it risky for a pet owner to trust these as the source of protein for his animal. However, in a high-quality pet food, by-products will be things like lungs, stomach, heart, etc. -- all perfectly healthy for your pet. Look for labels that list exactly what you’re buying.

- “Artificial” colors or flavors.

These should be totally unnecessary if the food is of high quality.

- Chemical preservatives, which aren’t healthy for people either.

## Warning: Do not feed these

### **Foods poisonous to Dogs**

- Chocolate
- Onions
- Grapes and Raisins
- Avocados
- Walnuts
- Turkey skin
- Sugarless candy
- Green (raw) potatoes

### **Foods Toxic for Cats**

- Onions
- Garlic
- Tomatoes
- Green (raw) potatoes
- Chocolate
- Certain houseplants



## Memorials and Honorariums



*Memorials given in honor of a deceased pet, in memory of a friend or family member, or Honorariums to thank special friends are lovely way to say "Thank you" or "I love you" or "I miss you." A public statement of remembrance can help bring closure or soften grief, as well as honor a loved one.*

### In Memory of Special People

- In memory of **Christine Leaf**, from **Darci** and **Joseph Clouse**.
- In memory of **Dorothy Lewis**, from **Clyde Stice**.

### In Memory of Beloved Companion Animals

- In memory of **Roscoe P. Coltrain**, canine of the Clark family, from **Sara Ann Courtney**.
- In memory of sweet **Maggie**, Nov. 15, 1993 to June 18, 2007. Wait for me at the bridge, Honey. I'll be there. From **Sally Gregor**.
- In memory of **Emily**, our beloved little poodle, from **Francie** and **Dave Louden**.
- In memory of Janet and Jess Harker's beloved **Oreo**, such a handsome fellow. From **Angus Trent** and **Marjorie Benning**.
- In memory of **Mickey**, Nancy and Dallas Campbell's beloved dog and wonderful companion. From **Angus Trent** and **Marjorie Benning**.
- In memory of Mary Lou Williams' and Tom Hines' dog **Kujo**. Such a gentle giant, he will be sorely missed. From **Chuck** and **Sue Skaggs**.
- In memory of **Jasmine**, Ann Gilson's beloved kitty, from **Jess** and **Janet Harker**.
- In memory of Dallas and Nancy Campbell's **Virgil**, their very special kitty, from **Jess** and **Janet Harker**.
- In loving memory of **Mary Lou**, who was someone's trash but became our Treasure, from **Jess** and **Janet Harker**.
- In loving memory of **Donovan**, our Gentle Old Warrior, we will miss you, from **Jess** and **Janet Harker**.
- In memory of "**Harold**," beloved kitty of Mary Margolis and David Margolis, from **Janet Harker**.
- In memory of "**Mickey**," Nancy and Dallas Campbell's little dog, from **Jess** and **Janet Harker**.
- In loving memory of my "**Oreo**," a Prince among cats; my companion, friend and love. Gone now but never to be forgotten, from **Janet Harker**.
- In memory of Dave and Terry Kush's sweet dog **Suzie**, from **Susan Skaggs**.
- In honor and memory of **Speedy**, the people who rescued and brought him to the clinic, and the staff who so lovingly tried to save him, from **Carmen Wiley**.

■ In memory of "**Donovan**" Harker, from **Pacific Northwest Veterinary Hospital**.

■ In memory of "**Granny Squeak**," an old kitty that passed Dec. 2007. She came to live with us over 12 years ago so we don't know her age. From **Arthur** and **Virginia Kinney**.

■ In memory of **Susie**. From the moment you came into our lives, covered in bruises and almost starved to death, you won our hearts. You gave your whole heart to your mom, Jean Simpson. You were always showing how much you loved her and were the best bedtime confidant ever. We miss you and your beautiful green eyes and bedtime chatter. From **Linda** and **Bruce Harer**.

■ In memory of Aunt Linda's **Gina** and **Patches**, from **Jennifer Weicher**.

■ In memory of **Callie** and **Falina** who were much loved and lived long lives with Leanne Wilson. From **Diane** and **Leon Lopez**.

■ In memory of Joe and Bonnie Ferguson's beloved dog, **Julia**, from **Ellen** and **Mac McLean**.

■ In memory of Gail Poole's beloved cat, **Peepers**, brother to my adored Peony, from **Susan Keml**.

■ In memory of Dori and Mike Bauer's lovely "**Juliette**," from **Mr. and Mrs. Rory Haggerty**.

■ In memory of **Sophie**, Dorothy and Earle Thompson's precious friend, from **Sheldon** and **Lynn McGuire**.

■ In loving memory of **Duffy**, Emily and Lee Cox's best friend and the light of their lives. He was loving, happy-go-lucky and extremely loyal. Duffy was more than 20 years old when he passed away! He will be missed more than words can express, from **Laurie L. Cox**.

■ In loving memory of dear **Jasmine**, who spent the last ten happy years of her life with me, from **Ann Gilson**.

■ In memory of sweet **Virgil**, beloved companion of Nancy and Dallas Campbell, from **Ann Gilson**.

■ Remembering **Pacino**, who was so happy in the loving foster care of Sharon Palmer during his last years, from **Ann Gilson**.

### Honorariums

■ In honor of the "**Thursday Hiking Cookie Crunchers**," from **Candace C. Olmer**.

■ With thanks for **Gracie**, **Meeka**, **Stretch**, **Shadow** and **Little Sister**, from **Aimee Barton**.

■ In honor of **Denise Cornell**. Given as a Christmas gift, from her sister, **Julie Harris**.

■ In honor of **Sadie** and **Shadow II**, wonderful, loving "lap cats," from **L. and L. Stuhr**.

■ In honor of **Ginger**, **Gremlin** and **Jasmine**, who continue

*Memorials and Honorariums*

to delight me, enrich my home, and flourish happily here.  
From **Susan Kreml**.

■ In honor of **Peter and Shirley McFadden**. A Christmas gift from **Kathryn McFadden**.

■ To honor the adoption of **Moses** by **Sue and Ed Bauer**, from **Sheldon and Lynn McGuire**.

■ In honor of **David and Francie Louden**, from **Bob Louden**.

■ In honor of **Vernal Ketcham**. A Christmas gift from **Sarah and Kellie Kester**.

■ In honor of **Sue Burns and Jeff Carpenter**. A Christmas gift from **Sarah and Kellie Kester**.

■ In honor of **Cynthia Wythe**. A Christmas gift from **Margaret M. Bell**.

■ As Christmas gifts in honor of **William E. Bloor, Dennis C. Dickson, Jeanie DeFrang, Candace Kathol, Randi Felton, and Heidi Greenwood**, from **Eldon and Diana Lusby**.

■ In honor of the **PFOA volunteers** who work tirelessly every day providing an invaluable service to our community and the animals of Clallam County. Although there are many volunteer workers at PFOA, we would particularly like to acknowledge **Janet Harker** and **Nancy Campbell** for their exceptional dedication to animal rescue. They sacrifice their own pleasures in their commitment of so many hours every day to animals. They are true examples of kindness and generosity. We appreciate your efforts and support over the years. From **John and Sue Miles**.

Spotted on the Internet . . .



Submitted by Pam LaLonde

**Safe Haven Wish List**

**NEEDED:** Laundry detergent, new cat brushes, new brooms with dust pans, Fancy Feast wet food, clay litter (preferably dust free), Piddle pads; and for our Pet Food Bank (for pets of low-income community members) we can use dry cat food and dry dog food of all brands.

*High quality pet foods required for good cat, dog health*

--Continued from Page 11

**Some Special Cautions**

■ Sugar and sweeteners. It's unwise to get animals hooked on sweets.

**Vitamins**

Feeding your animal organic foods makes a lot of sense, but if you don't, supplements may be your next best choice. Current farming practices, including chemical fertilizers and pesticides, rob our soils of many minerals needed for health.

■ Wheat, corn and soy are all problematic for dogs prone to allergies. Chicken, too, can be an allergen for some dogs, so rotating the types of meat an animal is fed is a good idea.

■ Cats need a good deal of water for optimal health, so don't overlook soft food in their diets.

■ Don't use the "lite" brands. Instead, use your own healthy fillers (like carrots and green beans for

dogs) to "lighten" the calories in pet foods. Or simply feed your animal a little less to keep the pounds off.

**Want to read more?**

"The Whole Dog Journal," Feb., 2006 and March, 2007 -- available at many libraries. Or go online to:

■ [www.doctormwfox.org](http://www.doctormwfox.org)

■ [www.thepetcenter.com/imtop/nutrition.html](http://www.thepetcenter.com/imtop/nutrition.html)


■ [www.shirleys-wellness-cafe.com](http://www.shirleys-wellness-cafe.com)

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## PFOA Classified

**PFOA WILL HOLD** its first ever Fashion Show Luncheon and Silent Auction on Wednesday, April 30, to benefit the many cats and kittens at Safe Haven. The event will be held at C'Est Si Bon Restaurant in Port Angeles with lunch served at noon. (Doors open at 11:30 a.m.) Fashions will be provided by Gottschalks of Port Angeles, with some Peninsula Friends of Animals members serving as models. Cost for the luncheon is \$28. Only 150 places are available for the event, so those wishing to participate are encouraged to purchase their tickets soon. To request tickets, call **Cindy** at **360-681-8588**.

**WANTED:** Six servers for the event. One female model, teenage or early 20s.

**NEEDED:** Material and thread for fundraiser potholders — 100% cotton fabric with small animals (preferably cat and/or dog), kitchen motifs, vegetable, fruit, country or flower prints. Can also use small patterns, stripes and solids for trim binding. No knit fabric, please. Solid color cotton **flannel** needed for backing. Fabric pieces must be large enough to cut 9-inch squares. Material can be brought to Safe Haven. (Please don't bring material that isn't cotton or has large designs hoping we can use it. We can't!) We've made some wonderful potholders from the fabric donated in the past. Many thanks from the Potholder Ladies! For questions, call **Lori** at **360-461-0348**.

**A SPECIAL THANK YOU:** To Paw Prince Groomers for donating grooming services to PFOA on a regular basis, a kind deed very much appreciated! Paw Prince is located east of Port Angeles up O'Brien Road, by appointment only - 360-452-9555.

### **WANTED: VOLUNTEERS:**

■ **MEDIA COORDINATOR** — to place advertisements and other announcements in local newspapers and be responsible for publicity on radio, in newspapers, etc.

■ **VOLUNTEER COORDINATOR** — to get the right volunteers to the right jobs at the right time.

■ **Ebay TEAM** — to manage existing PFOA account, sell merchandise and package and send items.

## 'Four Paws' awards named for book contest winners



**Elizabeth Ann Scarborough**, Nebula Award winner (*The Healer's War*), and author of 21 other solo novels and 14 more in collaboration with Anne McCaffrey, has announced the "Four Paws Award" winners in PFOA's Book Contest. Scarborough gave the award to those stories and poems she considered to be "The Best of the Best" chosen to be published in PFOA's upcoming anthology, *Tails from the Heart*, this fall.

Winners of the "coveted" Four Paws are:

### BEST IN SHOW

"Haiku for the Fallen" by **Ann Gilson**

### POETRY

**First Place:** "Haiku for the Fallen" by **Ann Gilson**

**Second Place, Tie:** "Cats a Plenty" by **Sally M. Harris**; and "My Mother's Freckles" by **DeeAnn Nelson**

**Third Place:** "Summer Inspurration" by **Mary Margolis**

**Saddest Poem, Tie:** "Rescue Me" by **Joe Wright**; and "Requiem from Bud for His Master" by **Shirley Jean Coker**

### FICTION

**First Place, Tie:** "The Irish Cat" and "Midnight Snow in Time" both by **Ann Gilson**

**Second Place:** "The Things That Don't Really Matter" by **Diane Lopez**

**Third Place:** "Dogs" by **Linda M. Wentz**

**Fourth Place:** "His Day" by **Kevin Torres**

### NONFICTION

**First Place:** "Murphy Brown and Black and White" by **Kim McBride**

**Second Place:** "Butch, the Canine Parish Assistant" by **Ruth Gordon**

**Third Place:** "Brighty" by **Cynthia Bend**

**Fourth Place:** "Max and Bandit" by **Beverlee Benbow**

### SPECIAL PAWS AWARD

#### TO REMEMBER HISTORICAL CRITTERS

"Dogs of My Childhood" by **Barbara Pelett**; and "Billy" by **Elizabeth Fletcher Barlow**

# Peninsula Friends of Animals

P.O. Box 404  
Sequim, WA 98382

Phone: 360-452-0414  
Fax: 360-452-0412  
E-mail: [pfoa@olypen.com](mailto:pfoa@olypen.com)



## Dates to remember:

**PLEASE JOIN US** for  
**General Membership Meetings** on the **fourth Wednesday**  
of each month, April through  
August. The meeting is from  
**6-7 p.m.** with a “Snackluck”  
beginning at **5:30 p.m.**

The **PFOA Board** meets at  
Safe Haven from **11:30 a.m. to  
2 p.m.** on the **third Wednesday**  
of every month. The public is  
welcome to attend. Members  
who are interested are encour-  
aged to come and observe.

Safe Haven shelter is open  
**Tuesday through Saturday**  
from **11 a.m. to 4 p.m.** It is  
closed Sunday and Monday.  
Please call **360-452-0414** to  
leave a message if you would  
like to visit, as appointments are  
required. A volunteer will return  
your call.

Web site:  
<http://safehavenPFOA.org>

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## I WANT TO BE PART OF THE SOLUTION!

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\_\_\_\_\_Daily expenses (food, litter, medical care, supplies, utilities, insurance, etc.)  
\_\_\_\_\_Building Fund; \_\_\_\_\_Spay/Neuter Program; \_\_\_\_\_T-N-R program;  
\_\_\_\_\_Emergency Medical Fund; \_\_\_\_\_HOPE Fund for PFOA's handicapped pets

I would like to sponsor an adoption-challenged pet who is currently in your care.  
I will receive a photo and history of that animal.  
\_\_\_\_\_ \$10 per month; \_\_\_\_\_ \$120 per year \_\_\_\_\_ \$500 for the animal's lifetime

I would like to become a member. Please send me the Membership Application.  
\_\_\_\_\_ I am prepaying my \$20 yearly membership fee.

\_\_\_\_\_ I am renewing my membership.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_

*Peninsula Friends of Animals, P.O. Box 404, Sequim, WA 98382*