

Pet Tidings



Published by PENINSULA FRIENDS OF ANIMALS, home of Clallam County's only cageless, no-kill pet sanctuary and adoption center, Safe Haven!

Joy, for any season

By Ann Gilson

Little Joy was anything but joyful when the part of her saga that we know of began. Lost or abandoned, hungry, matted and ill, she had found her way to a mobile home park in Forks looking for help.

She found help there from a compassionate nurse who took her in this summer, but that Good Samaritan already had "too many" cats. So she soon sought help from Friends of Forks Animals.

One look at Joy, a small apricot colored Persian with a sweet disposition, and they knew they'd need help with her. So Pam Winney called PFOA, we agreed to help,



Joy, an apricot colored Persian, has a sweet disposition.

and we called Drs. Murphy and Johnson in Port Hadlock. As always, they responded with "Bring her on in."

Many Persians have breathing and eye problems because of their tiny "flat" faces, but Joy had them in spades. A congenital deformity made it almost impossible for her to breathe through her nose, so Dr. Johnson essentially rebuilt her

nose, an extremely difficult and delicate surgery.

Dr. Murphy, an ophthalmologist, took care of her eye problems with surgery and medications.

Peninsula Friends of Animals has always been and continues to be an independent group that is not associated with any other group or shelter.

OUR MISSION

To prevent the birth of unwanted cats and dogs through progressive spay/neuter and educational programs; and to place as many homeless, neglected, and abused animals as possible into good, safe, permanent homes.

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Napoleon

ADOPTED!



Kato



Piper



Twiggie

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FOR MORE ADOPTEDS



Grizzly

Teddy turns terrific



See Page 7

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Pet Tidings welcomes submissions in the form of letters, photos, and stories. We reserve the right to edit any submission for space and clarity. Please keep letters brief; send photos in high resolution via e-mail to pettidings@olyphen.com. Other correspondence can be e-mailed to pfoa@olyphen.com.



From the Editor's Desk

Between the publishing of this issue of *Pet Tidings* and the last, the rosy prosperity in our nation has turned dark. With the correction in the stock market and the crumbling of respected banking institutions, many in our own area have been hurt financially. Peninsula Friends of Animals has noticed a drop in donations, as, we’re sure, have other charitable organizations. However, it’s those living closest to the poverty level who have the hardest times during recessions. At the same time that PFOA’s revenues have declined, calls for help, especially with medical emergencies, have sky-rocketed.

This year, PFOA received a grant from the Sequim Community Foundation for \$2,000 to help low-income families when their pets need medical attention. We also sent out an appeal letter earlier this year that raised in excess of \$4,000 for the same cause. We are very grateful for those donations. But, that money has now been spent and still the calls come in. “My dog has been hit by a car.” “My elderly cat needs dental surgery.” “My pet is sick and needs to see the vet.”

In addition, we have a new set of desperate people calling PFOA: “I’ve lost my job and can’t keep my animals.” “I’ve been evicted from my home. What do I do with my cats?”

On and on.

I’m reminded of the Charles Dickens quote: “It was the best of times. It was the worst of times.” We’ve seen incredible acts of generosity — one of our members paying for medical emergencies out of her own pocket as funds have dried up; people adding “strays” to their own households as animals have shown up on their doorsteps, even when they’ve no desire for another pet. Yet, the calls continue to come. The need seems endless.

We hope our members and friends won’t forget about the most helpless among us as times get tough — the cats and dogs in need of homes, the animals in need of medical care. It’s fairly easy to write that check for \$25 when money seems plentiful. It’s harder to give to worthy causes when our own financial future is uncertain. But the true test of generosity is when we have to tighten our own belt to give to someone else.

We have hope for the future despite the bleak outlook; our experience has been that animal lovers are the most generous people in the world. Our promise to you is that we will continue to do the best for our animals no matter what the challenges.

The Editors



Annika Pederson, left, and Kim Pruitt.

Partying for pets

For her 12th birthday in August, Annika Pederson of Sequim asked her party guests to bring food for dogs and cats instead of gifts for herself. She then donated the food to Peninsula Friends of Animals. Kim Pruitt, Safe Haven’s shelter manager, accepted the food, which is distributed to help feed the pets of low-income community members when needed.

PFOA salutes Annika for her generosity in thinking of animals in need over herself and in setting an example for others!

Joy — a purr machine, beautiful and sweet

--Continued from Page 1

A foster home in the area provided after-surgery nursing care until Joy could be moved to Safe Haven. At Safe Haven the nursing care continued during an extended convalescence by devoted volunteers and staff.

Initially, Joy was in such bad shape that it seemed she must be a very old cat, but as she got well, ate plenty of good food, and bloomed in response to the love and care of her rescuers, we found that she is actually a fairly young cat, probably only four or five years old.

And what a purr machine she is! Everyone at Safe Haven just loves her.

Finally the happy day came when Joy was declared ready to go to a home of her own. And one of the volunteers who'd worked with her was ready to adopt her as a companion for her resident Persian, so off she went

with the best wishes of everyone.

Sadly, though, as sometimes happens, Joy didn't fit that home and was unhappy there in spite of the best efforts of her adopter. We all felt pretty sad when Joy came back, though it was good to have her, of course. Sometimes it just takes more than one try to find the perfect match.

Joy is so beautiful and so sweet that it is likely that she has found her forever home and is adding joy to the holiday season in some lucky household as you read this. But it is possible that her story may not have found its happy ending yet.

If so, one of you may see her picture and at once know that little Joy is the cat who is destined to bring happiness to your home at this joyful time, and "forever."

We'll keep you posted.

Scratching is normal, so help your cat do it right

To introduce your cat or kitten to the scratching post, place her forepaws on the post and move them up and down in a clawing manner. If you catch her scratching elsewhere, remember to clap your hands and sternly say, "No!" and then put her back at the scratching post.

Once she starts scratching there, reward her with a small food treat,

warm words, and some petting.

Cats need to scratch daily to clean their claws and remove the worn outer sheath, as well as exercise and stretch their muscles, so be sure to provide a scratching post, preferably made of sisal rope.

Cardboard scratchers, available at pet stores, are also very effective and well liked by most cats.

Never let your cat scratch you or other family members. Otherwise she will think that is acceptable behavior and could cause some damage.

If your cat begins to scratch, let your hand go limp and say, "No!" When she stops, praise her, then redirect her attention to an acceptable cat toy.



Submitted by Pam LaLonde

Common myths about spay/neuter

Myth: "Spaying or neutering makes pets fat and lazy."

Fact: No. That's caused by overfeeding and lack of exercise. Spayed or neutered pets may require fewer calories. Cut down on the quantity of their meals and make time for more walks or play.

Mews from the board

In 2009, PFOA will celebrate the 10th anniversary of the organization and the 5th anniversary of the opening of Safe Haven.

Despite the difficult financial climate, we remain optimistic and will soon begin to develop a strategic plan for the next 10 years. What do we hope to be doing in 2018? How do we get there? How should we prioritize?

There are so many questions to ask, especially at a time when so much in our society seems unsure and unsteady. It is critical to keep in mind that PFOA was organized to help animals. They will always depend on us for their well being, so we must continue to move forward on their behalf.

We realize we are at the point of needing a paid Executive Director. Although we have many wonderful volunteers, it is clear that we need a full-time person to work on building our relationships with the community and coordinate all of our operational efforts as we grow.

Many of our volunteers are

becoming just plain worn out and unable to continue their active involvement. Our current treasurer is a longtime volunteer who needs to pull back because of health issues and fatigue. We are fortunate to have an excellent bookkeeper to learn the multi-faceted, complicated process involved with a non-profit organization, but that person is on payroll.

One of our longtime adoption counselors, formerly working 60-hour weeks, has taken a long break, and as she comes back to PFOA, cannot work the number of volunteer hours she previously did.

We have discovered that it is necessary to have staff at the shelter on Mondays (as well as Tuesday through Saturday) to cover the calls for help coming in. All this means our administrative expenses have increased, as we have needed to hire more part-time staff.

We must develop a plan to support this part of our growth, especially since we receive no tax-based public

funding. We could not run PFOA

without our volunteers, but we can no longer expect volunteers to totally run PFOA or to help us move forward on the level we need to be in order to continue our work helping animals.

The possibility that an Executive Director experienced in grant writing could pay a portion of his/her own salary should be explored.

The economy has impacted PFOA as it has so many worthy organizations, but we intend to have a plan in place for when things turn around.

We welcome input from you, our members and supporters. Let us hear your ideas and suggestions. Be sure to put "Strategic Plan" in the subject line of your emails and at the top of your letters to help get your message to the right people.

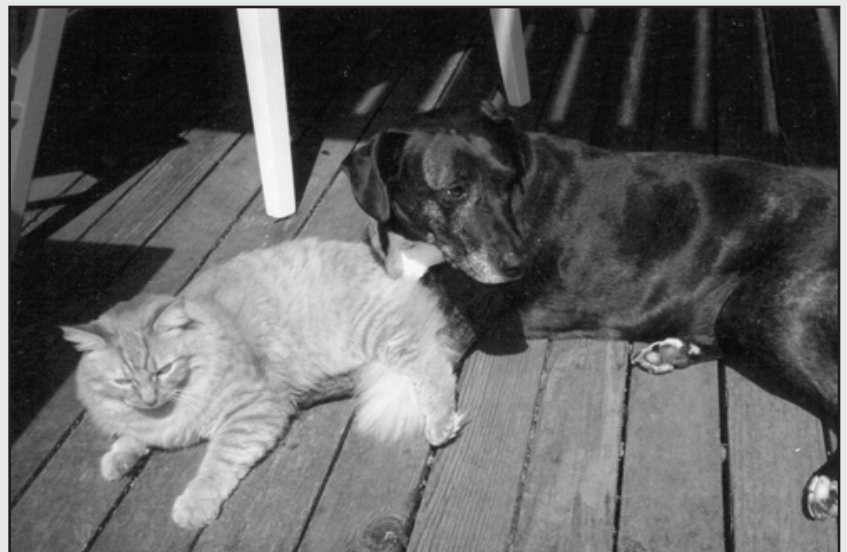
Our Strategic Planning Committee will begin to meet soon to consider our mission and how to best achieve it.

We'll keep you informed.



Handy paw warmer

Goldie, a big orange male kitty adopted from Safe Haven about a year ago by Patty and Clyde Mowrey of Sequim, lies on Lucky's front paws . . . to help keep Lucky warm, of course! Lucky is a 10-year-old female Catahoula Leopard Dog, bred for herding livestock. Known for the breed's strong herding and protective instincts, Lucky exhibits a special affinity for cats. However, Clyde says Goldie makes all the rules and is clearly in charge around the house.



Meet a volunteer ~ Cindy Caldicott

By Nancy O’Gorman

Cindy Caldicott has always been a pet lover, so when a friend took her to see Safe Haven a couple of years ago, it wasn’t long before Cindy was answering the phone once a week as a new volunteer. But once her considerable skills were revealed, Cindy became even more valuable to the Safe Haven staff. Cindy is a retired registered nurse and medical assistant who also happens to possess more enthusiasm and energy than women half her age.

Cindy microchips all the animals as they get adopted from Safe Haven and keeps track of their medical backgrounds. She sends the new owners information on their pets and updates the microchip contact information as needed. Since Safe Haven began the policy of microchipping every animal that goes to its new home, Cindy has performed the procedure — which is similar to giving a shot — approximately 350 times in two years.

Microchips are about the size of a grain of rice that is inserted just under the skin between a dog’s or a cat’s shoulders. If a pet is lost and another shelter or veterinarian’s office



Cindy Caldicott with Lucy.

reads the chip electronically, the pet can be returned to the owner with the information contained in the chip.

The other volunteers at Safe Haven were thrilled to find someone willing to take on this minor medical procedure — someone who would be comfortable with, not to mention experienced with, a large syringe.

“I’ve always had pets and it seemed like a good opportunity to learn something new while using my expertise,” Cindy says.

“Safe Haven just seemed like a

good fit for me.”

Not to be content with simply one or two jobs, Cindy also joined PFOA’s fundraising committee — an ongoing task that never ends for any nonprofit organization, let alone one that feeds and houses cats and kittens year-round.

From garage sales to bazaars, Cindy has helped raise thousands of dollars that support the pets at Safe Haven, spay-neuter programs, plus emergency pet food and medical care for the community’s low-income residents. What she is more recently known for, however, is organizing and executing PFOA’s first fashion show and luncheon held at C’est Si Bon restaurant in Port Angeles last April. The very successful afternoon event poured more than \$4,500 into PFOA’s coffers to benefit the animals and programs.

Cindy and her husband, Jack, a retired electronics engineer, came to the United States from Northern England 11 years ago, choosing Sequim as their ideal retirement home. They have two grown sons who live in other U.S. states. And Jack and Cindy have pets, of courses! — a Border collie named Roy and two cats: Frankie, a Maine coon, and Lucy, a gray tabby that Cindy adopted from Safe Haven.

You know you’re a cat person when . . .

- . . . you refer to going to the bathroom as “using the litterbox.”
- . . . you consider cat hair in your food as extra fiber.
- . . . you apologize when you step on a fuzzy cat toy in the dark.
- . . . you sleep on one edge of the bed because the cat is sleeping in the middle looking soooo cute!
- . . . you accidentally put your child’s dinner plate on the floor.
- . . . you spend more money on toys for your cats than on the kids or grandkids.
- . . . you decorate your Christmas tree with dangly cat toys.



Is there anything more satisfying on a cold, blustery day, than a good book, a hearty fire, and a soft, purring friend by your side?

Mary Maude Daniels

Safe Haven ADOPTABLES!



Christmas kitties who like to “fly solo” . . .

JEFFERSON is an older Flame-point Siamese who really does seem to prefer our male volunteers to the female. It must be a “guy thing.” He’s a bit larger than most Siamese. We’d love to have him go to a catless home where he can share his affection with another guy.



Jefferson

BAILEY is a year-old tortie. She’s a loner, and her alpha tendencies are beginning to show. She’ll need a home of her own where she can be in charge of the humans she loves.



Bailey

HATTIE, a tabby, has a coat of many colors. She will tolerate other cats, but only if they keep their distance. A large house divided into “territories” and shared with another feline might work for her, but she would prefer being the only furry resident in her home. She’s affectionate, but has a tendency to be over stimulated.



Hattie

PANDORA is a beautiful, fluffy, white cat whose age and history are unknown. She’s a big kitty and has chosen to remain isolated from the other residents at Safe Haven. She likes any human who shows her affection. She’ll make a gorgeous addition to your home, as long as she can have a single cat household.



Pandora

CARRIE is a pretty calico who also dislikes other cats. She’s about 4 years old with a sweet disposition. She can become over stimulated from too much attention, so watch that twitching tail — or she just might swipe a paw at you. She’ll do fine in a home where there are no young children or other cats.



Carrie



Joy

JOY is a petite little apricot-colored Persian. (See her story on page 1.) She’s spent far too many days in a cage at the hospital while having surgery on her nose. She needs love and the freedom to wander her new home. She’ll also need daily brushing to keep her fabulous coat looking its best. She’d love to be an only cat.

Please call PFOA’s message line at **360-452-0414** to talk about any of these featured pets; a volunteer will return your call. Or go online to see many others at www.safehavenPFOA.org

Terrible Teddy turns out to be terrific

By Susan Skaggs

Nine homes, two failed PFOA adoptions — how could one funny, charming little Lhasa Apso pup have so many disasters in his first year of life?

Teddy was bought from a pet store when he was only three months old, his new owner a high-school graduate whose parents really wanted to buy her a computer. In just a few weeks, she was off to college, and Teddy was left with her parents who worked and didn't feel they could provide the time and attention a little puppy required. They turned him over to the girl's grandmother who found him a home with a kind friend who was looking for a dog.

For a while, that seemed to be a good solution, except the friend also had a cat, which proved irresistible to a busy, growing puppy. When the cat ran, Teddy chased. After the friend suffered a fall and could no longer walk Teddy as much, he chased the cat even more. So for several months, Teddy spent many hours a day in a crate to keep him out of trouble and the cat out of danger.

She described Teddy: loving, funny, housebroken — no REALLY bad habits except for a "little" chewing and a "bit" busy. Of course, all of this was true — because Teddy spent much of his time confined. And going from his crate to the outdoors for a walk, he never made a



housebreaking mistake. He rarely chewed except the toys allowed him in his crate for that purpose. He seldom barked. He was a perfect dog — in that controlled environment.

Our adoption counselor, not realizing who Teddy was, placed him first in a home where an active puppy would have been acceptable — but not one who chewed up the owner's antique doll collection and preferred her carpets to the grass outside when he needed to relieve himself. Next Teddy was placed where he had plenty of space to run, a child to play with, and an older dog as a companion. But Teddy pestered the old dog until he cowered whenever Teddy got close. Teddy nipped the little boy whenever they played, and, of course, Teddy wasn't house trained.

So Teddy, now dubbed "Terrible Teddy," came to my home for fostering and evaluation.

Teddy almost failed here, too, when he knocked the alpha dog down to steal his bone. Having lived so much in a crate, Teddy knew nothing of "doggie manners." He knew little of "people manners," either.

He only knew he was finally free to run and play and bark and dig. He was a bundle of uncontrollable energy driving everyone to distraction, canine and human alike. But with time and patience, the older dogs began to teach Teddy his manners.


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MORE *Safe Haven* ADOPTABLES!



LEXI has a charming smile and a big-cat attitude. She's a 5- or 6-year-old alpha cat who tops the scales at more than 13 pounds. No "Nervous Nelly," she'll trample over other cats with a gentler disposition and claim her right to be Boss. She loves humans, but must be placed in a home without other cats.

ADOPTION CHALLENGED



CHIBICHAN is a petite, long-haired tuxedo kitty, about 2 years old. She was "dumped" into the wild at an early age. She was rescued while pregnant with what we think is her first litter of kittens. She's skittish and will run from people, but she'll also seek out those she trusts and insist on being petted. She seems desperate for affection. She'll need work to "tame" her and can't go back outside for fear she'll revert to the wild. She can be placed with her only unadopted kitten, Thomasina, who is also shy. Neither Chibichan nor Thomasina mind other cats.

A purrfect holiday gift — *Tails from the Heart*

A warm and upbeat, sometimes funny, collection of poems, stories and artwork make PFOA's own anthology, *Tails from the Heart*, a perfect gift this holiday season. With all proceeds going toward animal rescue and care, *Tails* "gives" twice — first as a delightful read for the recipient and second as warmth, food and hope for the cats at Safe Haven.

Books are \$17.95 each and can be purchased at these locations — in Port Angeles: Port Book & News, 104 E. First St., 360-452-6367; Olympic Stationers, 122 E. Front St., 360-457-6111; Odyssey Bookshop, 114 W. Front St., 360-457-1045; Necessities & Temptations, 217 N. Laurel St., 360-457-6400; Airport Garden Center, 2200 W. Edgewood Dr., 360-457-8462; All Animal Veterinary Hospital, 1811 W. Highway 101, 360-452-4551; Patricia's Pet Shop, 501 S. Lincoln St., 360-457-6919; Raven's World, 120 W. First St., 360-457-7949; Country Aire Natural Foods, 117 E. First St., 360-452-7175; Port Angeles Auto Glass, 833 E. First St.,

360-457-0875.

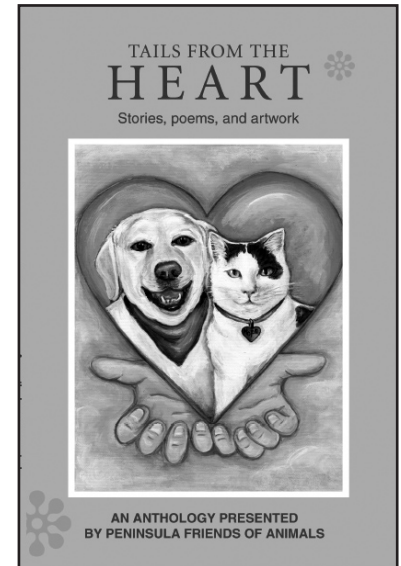
In Sequim: Country Care Vet, 51 Valley Center Place, 360-681-0334; Greywolf Veterinary Hospital, 1102 E. Washington St., 360-683-2106; Pacific Northwest Veterinary Hospital, 289 W. Bell St., 360-681-3368; Sequim Animal Hospital, 202 N. 7th Ave., 360-683-7286; Twice Loved Books, 353 W. Bell St., 360-681-4937; Best Friend Nutrition, 680 W.

Washington St., Suite B102, 360-681-8458; Sunny Farms Farm Store, 261461 Highway 101, 360-683-8003.

Sixty-five percent of local purchases goes directly to Safe Haven cats. The books are also available online at barnesandnoble.com and amazon.com, but only 15% of these sales go to PFOA.

You can, however, click on igive.com and go from there to the online bookstores to give PFOA an extra 2% to 2.4% of the purchase price.

Please consider adding *Tails from the Heart* to your holiday giving this year. It's a gift sure to please both humans and cats alike.



***igive.com* gives to PFOA**

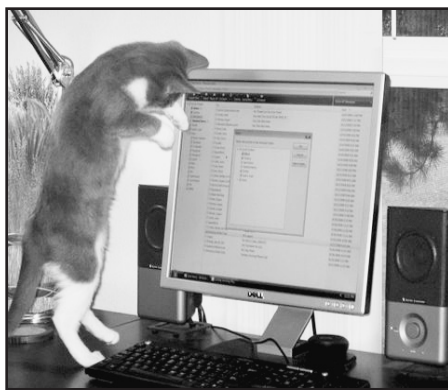
Use *igive.com* to do all your online holiday shopping this season and PFOA can reap the rewards. A percentage of the purchase price of anything you buy will be given to the charity of your choice!

A very special cyber-thank you to everyone who is already giving to PFOA through *igive.com*. In the first nine months of 2008, PFOA received \$236.23 because of them.



“Dear Peninsula Friends of Animals . . .”

Our girls, Dolly (aka: Edna) and Abbey love the cat tree. Thanks so much. All three cats LOVE to be brushed. And, Dolly loves the computer! She is another “born to play” kitten. And wow, is she ever growing. (She is 5 months old now!) She has already spent 1/2 of her precious life with us. SHE OWNS THE PLACE! Our two girls play vigorously together, groom each other, and sleep together like newborns — in other words, they have bonded beyond our expectations! We are so pleased with our decision to bring Dolly Ruth on board. Perfect! Just PURRFECT!!! ~ **Jan and Jen Cabbage**



What a sweet cat

Piper has turned out to be. She is even better than we expected. She comes when I call her and purrs all the time. She also likes my lap. My husband, who is not the cat lover, also likes her. You can't hold Piper or pet her without her purring. In fact, I never had a cat that purred this much. She is such a doll and so sweet that I don't know how she was overlooked for so long.

Thank you for such a lovely little girl.

Carolyn Degrin



Gratitude — for family, friends, and felines

By Mary Margolis

Every week my writing group does an exercise with different topics. When gratitude was assigned, I knew exactly what I wanted to write. Each night before I fall asleep, I think about the people, things, or events for which I am grateful. There seems to be a pattern developing.

Of course I am thankful for the love of good friends and family, having food and shelter, the basics. Every night, I seem to focus on three important beings. I am thankful for my wonderful feline family.

Maude, my chubby 15-year-old, likes to sit with me and offer quiet reassurance. She purrs happily and loves to get her tabby stripes brushed. Maude is the first to advise me when it's time for more kitty kibble — a job she takes very seriously.

Miki, my gray kitty, has the softest fur ever and the loudest roar (purr) in the house. Miki will run to me when I

whistle — my “mews-ical” cat. She loves the theme songs from Jeopardy and the Andy Griffith Show. She wakes me at 5:30 a.m. every day for snuggle time.

Merlin, my Safe Haven adoptee, has a huge heart and loves hugs. He comes to me at my desk, jumps to my lap and snuggles with me. I think he would be content to do so all day, if only I didn't have other responsibilities! Merlin likes to play. He adores birds, and clacks from the window sill at any bird that dares to come into yard.

When I think about my cats, I can't help thinking about my dear friends who encouraged me to adopt. One friend in particular must be recognized.

Brooke Carnahan has been a



Merlin

wonderful friend for many years (she works at Safe Haven). We have shared lots of adventures. Brooke's love for animals is one of her many gifts she shares with all whom she comes in contact. Her own four-legged family has at times included dogs, donkeys, cats, a wolf, and a pony. She also has had birds, fish, and a sugar glider. Brooke has spoiled all of these precious beings with a never-ending supply of love.

It was with Brooke that I adopted my first two cats, Maude and her beloved brother, Harold, fifteen years ago. I was only going to adopt one but Brooke quickly showed me the error of my ways. Two kittens could play with each other and snuggle together during the many hours I would be working. It didn't take much convincing.

Okay, but which two? Brooke looked over the litter in a friend's barn and quickly pointed to two.

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“Dear Peninsula Friends of Animals . . .”



I adopted Manny, the Lilac Siamese with the broken leg, about three months ago and I would like to send you a few pictures of him. He is such a cool cat, I like him so much. He's extremely nice now and loves to sit on the window sill and stare at the pigeons all day. Thank you so much for such a great cat.

Max Minturn



I can't imagine my life without critters! They are such a wonderful blend of personalities and colors. They make me feel special every morning and every time I come in the door, whether I've been gone minutes or hours. Well, I guess they might also be angling for treats. I can never repay Safe Haven and all the people who make it work so well for allowing me to not only volunteer there but to adopt several of the precious babes. Hugs to you too, Kim, for your energy and continuous efforts on behalf of all critters and the people who love them.

Karen Groves

Look who's been adopted!



---Continued from Page 1



Kojo



Gordon



Darby



Edna



Captain



Gladys



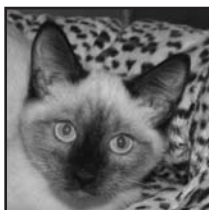
Luna



Ace



Mr. Twister



Hana



Molly



Edward



Oliver



Eve



Samson



Iris



Max

Not pictured:

**Boskers
Schotzie
Pinky**

CAT NIPS

By Karen Groves

It's more than a plastic film canister,
More than a cardboard box,
More than a rubber band or ribbon,
More than a half pair of sox.

It's more than a vase of posies,
More than a big paper bag,
More than a bug or spider,
More than a twist-tie or tag.

It's more than a newspaper waiting perusal,
More than laundry fresh from the dryer,
More than an afghan tossed on a chair,
More than places hidden and higher.

It's more than a dripping faucet,
More than a ring of keys,
More than a straw flicked astray,
More than falling leaves.

It's more than a bird flitting outside,
More than a bouncy flashlight beam,
More than a drawstring on clothing,
More than thread loose from a seam.

It's more than a pebble on the floor,
More than something for signing a name,
More than a way to fasten a shoe,
For a cat, it's the beginning of Game!

Vet-Smartz

PAIN MANAGEMENT IN ANIMALS HAVING ROUTINE SURGERY



By Dr. Virginia M. Johnson
Diplomate, American Board
of Veterinary Practitioners

In both human medicine and veterinary medicine, treating patients for post-operative pain has changed in the last 20 years. In human medicine, doctors previously treated their patients with oral medicine and intermittent injections to control pain. People can tell their medical care providers that they hurt and doctors and nurses respond by giving medications to ease our pain. The changes in human medicine have been toward better medicines and better methods of delivery of these drugs. Whether we feel pain has never been the question because as human patients, we tell our doctors that we feel pain. They do not have to guess or think about the presence or absence of pain in human patients.

In veterinary medicine, an animal cannot tell us in words that they are hurting. Our animal patients may let us know that they are in pain in verbal ways such as groaning, moaning, and whimpering, and non-verbal ways such as tensing the body part affected, non-supporting/lameness on a sore leg, panting, licking at the surgical site, dilated pupils, elevated temperature and lack of appetite. It is the job and responsibility of the veterinarian and veterinary technician to interpret these signs, expect and understand that all animals have pain with surgical procedures and some diseases, and act to give appropriate pain medicine prior to and after surgery.

The prevailing attitude and teachings of 10 and 20 years ago are not acceptable today. I was taught in veterinary school 30 years ago that animals did not feel pain like people did. If they did feel pain, it was good for the animals anyway because it kept them quiet after surgery. How ridiculous this sounds today with newer teachings, newer attitudes toward animals and studies that prove what should be intrinsically

true — that animals feel pain just as we do and that giving pain relief actually helps not only with comfort, but that *animals heal more quickly if pain is controlled.*

A recent study used objective findings to determine a pain score in post-operative animals. These objective measurements included vocalization, pupil size, appetite, ability to move, salivation, vomiting, and pain on palpation of the surgery site. The study found that all animals that received some form of pain relief at and post-surgery did far better than the control group of animals that were given no pain relief. The level of pain was not influenced or changed by the level of expertise of the surgeon, the length of the incision made, or the duration of surgery. **ALL ANIMALS FELT PAIN.** The study concluded by adding that “all dogs undergoing these surgical procedures should receive medications for pain regardless of the experience or speed of the surgeon.”

Although this study only evaluated dogs as their study population, cats should be included in all findings and medical recommendations as well. Other studies have been done to evaluate pain levels and medications for cats.

Why do I bring this topic to your attention? — Because there are still veterinarians in practice who believe those old teachings. They still believe that animals do not feel pain after surgery and that animals should not get pain medicines. Nothing could be further from the truth.

If your veterinarian does not offer or even require pain relief medication for your dog or cat having a hysterectomy or castration, ask for this medicine — even demand it. If they still tell you it is not needed, I would recommend that you find another veterinarian to treat your pet.

Teddy: A sweet, lively, people-loving puppy

--Continued from Page 7

He and my youngest dog learned to play together. A sonic dog collar, which emitted a high frequency tone when he barked, got Teddy's attention long enough so he learned the “No bark!” command. He was provided bones, “bullies” and toys enough to keep his destructive chewing to a minimum. He had his own places to dig, even a little garden of carrots he could harvest whenever he chose.

After one crazy month, Teddy began to calm down. He still played like a maniac with the older dog, but he also slept more. He still had accidents in the house, but not as many. The true Teddy emerged: a sweet, lively, people-loving puppy who will one day be a mellow adult dog.

PFOA, with a realistic idea of Teddy's personality, is now seeking homes for him and has listed him on *petfinder.com*. Our adoption counselor

is interviewing prospective adopters, those without cats, young children or elderly dogs, and those who can be accepting of a dog that's less than perfect.

In the right home, Teddy should prove to be a wonderful companion, and with his Lhasa instincts, a reliable guard dog as well.

He's been given a new name now by those of us who love him: Terrific Teddy.



Memorials and Honorariums



Memorials given in honor of a deceased pet, in memory of a friend or family member, or Honorariums to thank special friends are a lovely way to say "Thank you" or "I love you" or "I miss you." A public statement of remembrance can help bring closure or soften grief, as well as honor a loved one. (Please try to keep memorials to three or four lines or less — about 15-35 words — for space consideration. We do not publish photos of pets here).

In Memory of Special People

- In memory of Rosemary Hutter, from Eleanore Phillips.
- In memory of Shirley Livermore, Cheri Eckstein's mom, from the staff at the Evergreen Public Schools.
- In memory of Dorothy Lewis, from Clyde R. Stice.
- In memory of Matthew Schneider, from Steve and Nancy Donaldson.
- In memory of Ollie Nelson, from Connie Rene (aka Connie Smith).
- In memory of Barry Sullock, from Russ & Linda Mellon.
- In memory of Rosemary Hutter, from Jan & Ken Ridout.
- In memory of Rencé Odle. No one loved her cats more than she did, and she adopted many over the years. From Margi and John Renken.
- In memory of Agnes VanVoorHees, who truly loved animals. PFOA volunteers helped to care for her dog Brodie, and she was truly thankful for all the loving care and support he received. From Dr. Joyce Murphy.
- In memory of Barry Sullock, from Eldon and Diane Lusby.
- In memory of Timmy Maddox, a committed vegan, a gentle man, one who loved all creation. From Ann Gilson.
- In memory of Nancy Campbell's mom, Bertha Beavert. From Sue and Chuck Skaggs.
- In memory of Bertha Beavert, mother to both Nancy and Dallas Campbell. From Pam and Ray Winney.
- In memory of Bertha Beavert, Nancy Campbell's mother, from Nancy O'Gorman.
- In memory of Nancy Campbell's beloved mom, Bertha Beavert, from Diane and Leon Lopez.
- In memory of Sue Miles' beloved mother, Arleen Clausen, from Diane and Leon Lopez.
- In memory of Marlene Robison, from Ed Robison.
- For Nancy and Dallas Campbell in memory of Nancy's mother, Bertha Beavert. From Janet and Jess Harker.
- In memory of Nancy Campbell's mother, Bertha Beavert, from Gary Del Mastro.
- In memory of Bertha Beavert, a Southern gentlewoman, beloved mother of Nancy Campbell, from Ann Gilson.
- In memory of the long life of Arleen Clausen, mother of Sue Miles, from Ann Gilson.

In Memory of Beloved Companion Animals

- In memory of Teddy, a devoted, sweet dog who died a few weeks ago and was Nolia and Don Krueger's pet, from Jean and Frank Greenwell.
- In memory of Joan Wood's Daisy, who was the most loving and friendly cat ever, from Rita Heywood.
- In memory of Sato, Faye Hayden's beloved cat, from Marie McCooey.
- In memory of Shelton Morton-Hutchins, one of those great cats who loved everyone. He is missed desperately. From Lori Anderson.
- In memory of Joey, beloved companion of Neil Burkhardt and Jane Stewart, from the employees of McComb Gardens.
- In memory of Jan Nutting's precious Ian, gone far too young. From Gary Del Mastro.
- In memory of Jane and Neil's McComb Nursery dog and my pal, Joey, from Gary Del Mastro.
- In memory of Sharon Palmer's KiKi and Stuart, whose unexpected passings brought grief to all who knew them. From Gary Del Mastro.
- In memory of our little gray Gracie. She had the heart of a warrior in a frail body. We miss you, Dennis and Eileen Franson.
- In memory of Bill and Margaret McHugh's wonderful little dog Missy, from Rita Heywood.
- In memory of Simeon, a beautiful, long-haired Burmese. Modene Reed went to buy dog food in 1999 on adoption day. She came home with big, lovely Simeon who shared her home (now in California) until August, 2008. From Pat Nix.
- In memory of Henry, Judy Price's gentleman cat extraordinaire, from John and Sarah Bird.
- In memory of Joey, beloved dog of Jane and Neil at the McComb Road Nursery. From Nancy and Jack Stevens.
- In memory of Champ, a great little cat, from Keith Thorpe.
- In memory of Velvet, from Robert and Albina Ellis.
- In memory of Sicily Rose, my beautiful elegant lab/greyhound mix. I miss her deeply. From Patti Bruce.
- In memory of Sherry Cobb's sweet boy, Titus, who gave his heart to many a little boy, kind neighbors, volunteers at Safe Haven and his wonderful Mom, Sherry. From Sharon Q.
- In memory of Otis, a tabby man for all seasons. He followed a diverse life path to, from and back again to his loving guardian, Sharon P. He was always giving as much as he got. From an admirer, Sharon Q.
- In memory of Janet and Jess Harker's Azure, a white-haired beauty who charmed her way into their hearts. From Sharon Q.

Memorials and Honorariums

■ In memory of Gracie, a sweet girl whose spirit and memory will live on in the hearts of all those who knew and loved her, most of all Eileen Franson. From Sharon Q.

■ In memory of Eileen Franson's little kitty "Gracie" who will be missed by her family very much. From Jess and Janet Harker.

■ In loving memory of our "Icky," a little unwanted stray who came to us in a rain storm and was part of our family for the last fifteen plus years. We will miss you. From Jess and Janet.

■ In loving memory of "Azure," our blue-eyed angel who spent the last six years of her life with us. She was our joy and one of the best kitties we were ever blessed with. We will miss you, Sweet Girl. From Jess and Janet.

■ In memory of Rhythm, Marie McCooley's magnificent Dobie. He will be missed by all who knew him. He touched us all. From Faye Hayden.

■ In memory of Martha Carle's wonderful sheltie, Maggie. What a girl! From Faye Hayden.

■ In memory of Azure, beautiful and beloved companion of Janet and Jess Harker. From Ann Gilson.

■ In loving memory of Rhythm, Marie McCooley's Doberman, who was a wonderful companion and shared his life with her for almost 8 years. He was truly a loving and gentle giant. From Patty Dearing.

■ In memory of Azure, Janet and Jess' sweetie who was much loved. From Diane and Leon Lopez.

■ In memory of Joey McComb, Neal and Jane's sweet "meeter/greeter" to the Nursery/gardens. We all miss him so much. From Diane and Leon Lopez.

■ In memory of Marie McCooley's big loverboy Dobie, Rhythm. From Diane and Leon Lopez.

■ In memory of Nora Brodie's beloved canine family member, Bogie, from Gary Del Mastro.

■ In memory of Irene & Walt Downs' sweet and dear dog, Mitzie, from Gary Del Mastro.

■ In memory of Lizzy, gentle, wonderful, "big hunk o' love" canine companion of Hope and Jim Williams. From Gary Del Mastro.

■ In memory of Smidge, clinic greeter and a sweetie of a canine companion of Dr. Melissa Smith. From Gary Del Mastro.

■ In memory of Eileen and Jim Romano's Cleo. "Rest in Peace Little Cleo." You brought 15 wonderful years of joy and love and meows and purrs. From Connie Smith.

■ In memory of Amber, Lenora Haupt's 13-year-old German Shepherd, from her many friends at PFOA.

Honorariums

■ In honor of my beloved Danny Boy, from Jerry McClinton.

■ In honor of my true companion, Dink, from Jerry McClinton.

■ In honor of "Miss Mouse," the cat, from Sharon Swenson.

■ In honor of Roxine Oak, from Irma McKelvie.

■ In honor of "Mr. Peach," who we love so much since we adopted him from your shelter. From Lisa and Mark.

■ Thanks to Barb and Everett Stauffer for helping neighbors and community, from James Martin.

■ In honor of Norma Herbold for her birthday, for her dedication to adult education, and for her artistic skills that she shares with so many. From Clover Gowing.

■ In honor of Shirley Manwaring, from Sue and Pilot.

■ In honor of Jan Boyungs, from Pilot and Sue.

■ In honor of our daughter, Jeanne Williams' birthday. From Robin and Jody Rush.

■ In honor of my favorite "B" Boys — Jay Berger, Bob Bergman and Jack Brady — men of character and distinction who touched the lives of many, including mine. With gratitude and affection from Sharon Q.

Fun Facts About Cats

Cat senses are attuned for hunting. Cats have highly advanced hearing, eyesight, taste, and touch receptors, making the cat extremely sensitive among mammals. Cats' night vision is superior to humans although their vision in daylight is inferior.

Humans and cats have a similar range of hearing on the low end

of the scale, but cats can hear much higher-pitched sounds, up to 64 kHz, which is 1.6 octaves above the range of a human, and even one octave above the range of a dog.

A domestic cat's sense of smell is about 14 times as strong as a



human's.

Due to a mutation in an early cat ancestor, one of two genes necessary to taste sweetness may have been lost by the cat family.

To aid with navigation and sensation, cats have dozens of movable vibrissae (whiskers) over their body, especially their face.

from Wikipedia.com

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Gratitude

--Continued from Page 9

Harold and Maude became the rulers of the roost. Brooke and I found ourselves at another friend's farm, in Chimacum, three years later on my birthday. There was a litter of kittens playing in the yard. We were invited to help ourselves. And of course, I just to have one. I immediately went for a tabby — my weakness — something about those cute tiger-stripes. Brooke, however, had other ideas. She chose a tiny gray being with big ears and insisted: this is "THE ONE" to take home. So I did.

My three cats and I lived happily together. Brooke, I decided, has excellent taste in felines. Not only are my cats beautiful, they all have wonderful "purrsonalities" and are all well behaved.

After Harold died last year, I didn't think I had it in me to get another cat. It was a future possibility, but I couldn't imagine how and when — my heart was broken.

One day, I told Brooke I was going to Safe Haven to drop off some donations. She told me about a cat I should meet in one of the downstairs rooms. I reluctantly agreed to "go look," but I was determined not to adopt.

It turns out I didn't have much choice in the matter. Windsong, as he was known then, jumped into my lap. His kitty motor started running and he showered my face with kitty kisses. His front paws, one on each shoulder, gave me a warm hug. How in the heck could I resist?!

So Windsong, now Merlin, came home with me that very day. I called Brooke to tell her the news. Unfazed she said, "I just knew it." Now after a year, my friend Merlin fits happily into the family, just like it was meant to be.

A girl has to be grateful for such good friends — both two and four-legged.

THE CLASSIFIEDS

■ **PFOA WISH LIST:** Wet and dry dog and cat food (for pets of low-income community residents), cat litter, paper towels, high efficiency laundry detergent, bleach, vinegar.

DARE TO DREAM:

Farm tractor, whole house generator, truck load of decorative bark, upright vacuum cleaner

■ **WANTED ~ VOLUNTEERS:**

CAT OR DOG CARTOONS — to be used as needed in future issues of *Pet Tidings* newsletter. Must be original work and willing to donate usage. Are you an artist with a funny streak? Try your hand at being a cartoonist. E-mail samples or inquiries to pettidings@olypen.com.

MEDIA COORDINATOR — to place ad vertisements and announcements in local newspapers and be responsible for publicity on radio, in newspapers, etc., including writing press releases.

VOLUNTEER COORDINATOR — to help attract and organize volunteers for various jobs at Safe Haven and those who work from home.

Call 360-452-0414 to inquire about our classifieds.

Why does PFOA charge a \$75 adoption fee?

The \$75 fee barely covers the costs incurred in caring for any animal when you add up the veterinarian care, vaccinations, spay/neutering, food, cat litter, and overhead to keep the lights and heat on at our shelter, Safe Haven.

In addition, a reasonable investment in a pet is another indication of a pet owner's ability to support the needs of that pet into the future. At the same time, we strive to keep the fee as low as possible to make adoptions affordable for our community.

Say something idiotic and nobody but a dog politely wags his tail.

Virginia Graham



Peninsula Friends of Animals

P.O. Box 404
Sequim, WA 98382

Phone: 360-452-0414
Fax: 360-452-0412
E-mail: pfoa@olyphen.com



Dates to remember:

■ **The PFOA Board meets** at Safe Haven from 11:30 a.m. to 2 p.m. on the **third Wednesday of every month**. The public is welcome to attend. Members who are interested are encouraged to come and observe.

■ **Safe Haven shelter is open Tuesday through Saturday from 11 a.m. to 4 p.m.** It is closed Sunday and Monday. Please call **360-452-0414** to leave a message if you would like to visit; appointments are required.

<http://safehavenPFOA.org>

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_____ I would like to sponsor an adoption-challenged or handicapped animal who is currently in PFOA care, and I will receive a photo and history of the animal.

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I am renewing _____ or Prepaying _____ my/our membership at \$20 per person per year. I am enclosing \$ _____ for _____ person(s) for _____ years.

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