

# Pet Tidings



VOLUME 5, ISSUE 3

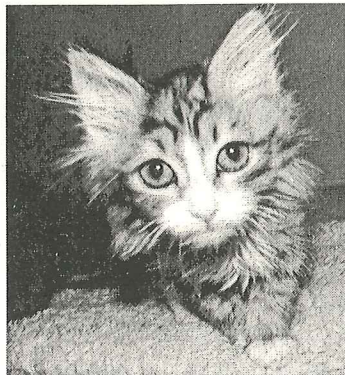
FALL, 2005

## PENNY'S PERILS

How does a kitten get to be three months old and weigh just over a pound when most similarly aged felines weigh two or three times that much?

It's hard to say, but Penny did it. Not only did this tiny bundle of playfulness weigh only 1lb., 3oz. when she came to Safe Haven, but she actually managed to lose half an ounce—in spite of eating well—after having been at the sanctuary for two weeks.

That's when worry kicked in. Penny had been born outside to a feral mother of unknown health, and Penny's only known



*At 1lb, 3oz, Penny was the tiniest 3 month old kitten we've ever seen*

sibling had died just weeks after being born. Originally slated to be a barn cat, Penny's guardians had a change of heart when they realized how sweet and fragile she was, and that's when they called PFOA and asked if there was

anything we could do. Safe Haven was at capacity, but an arrangement was worked out. Penny's guardians agreed to take long time semi-feral PFOA cats Butters and Wonkette to their large, secure metal barn. In exchange, Penny would come to the Safe Haven sanctuary.

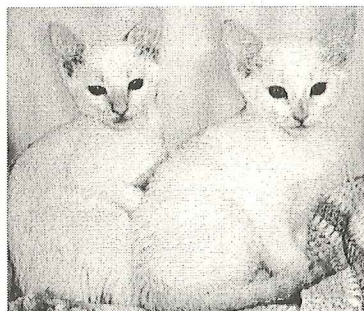
Although she had passed all the standard tests for entry into Safe Haven (including the blood test for FIV and Feline Leukemia), there was some concern that there might be something else going on with Penny.

—Cont. Pg 15

**Peninsula Friends of Animals** has always been and continues to be an independent group that is not associated with any other group or shelter.

### OUR MISSION

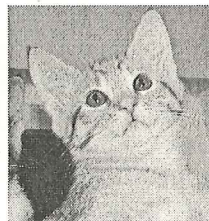
To prevent the birth of unwanted pets through aggressive educational and spay/neuter programs; and to place as many homeless, neglected and/or abandoned pets as possible into good, safe, permanent homes



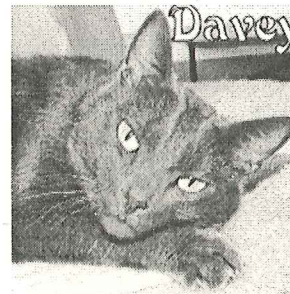
Ari & Naco



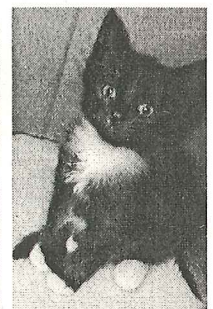
Jack



Franklin

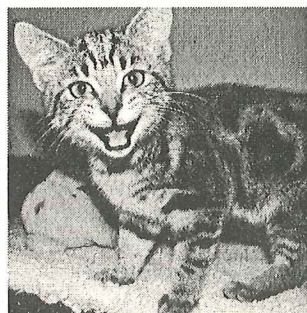


Davy



Calhouna

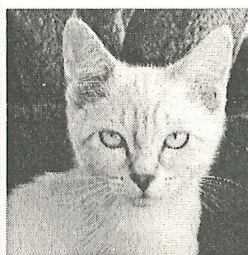
**Adopted!**



Bandit



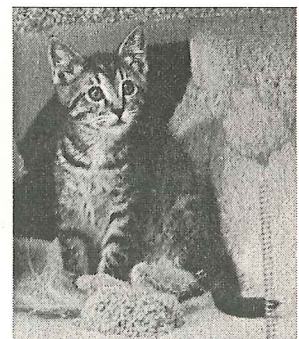
Smokey



Judy



Gremlin



Kandy

**Peninsula  
Friends  
of  
Animals**  
PO Box 404  
Sequim, WA 98382  
(360) 452-0414

**Officers/Board**

President: Janet Harker  
Vice-President: Diane Lopez  
Treasurer: Nancy Campbell  
Secretary: Rita Heywood  
Director: Bruce Page  
Director: Sharon Palmer  
Director: Angus Trent  
Director: Marci Wilson

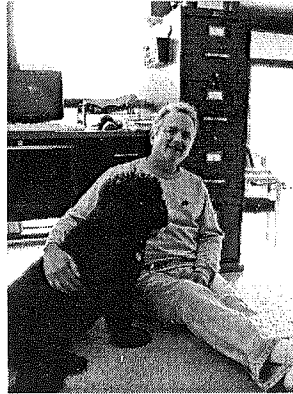
**Pet Tidings**

Editor: Gary Del Mastro  
Printing: Brisk Printing  
Thanks to: Jim Arnold,  
Claire & Allan Bernards,  
Neil Burkhart, Lynn  
Calhoun, Nancy Campbell,  
Deborah Coates, Doris  
Cromwell, Patrice Davis,  
Pam Foss, Jim Grow, Janet  
Harker, Candy & Larry  
Harris, Judith Hatch, Jean  
Haught, Helen Hille, Dr.  
Virginia Johnson, Janet  
Krantz, Diane Lopez, Mary  
Margolis, Shirley  
McFadden, Bonni Mell, Rich  
& Candy Olmer, Olympic  
Supply, Inc., Sharon Palmer,  
Leila Reyes, Sharon  
Quesnell, Dr. Melissa  
Smith, Jane Stewart, Strait  
Mail, Thelma Sullock,  
USPS, Kris Wright, Mary  
Zalewski

**"Compassion for  
animals is intimately  
connected with  
goodness of character;  
and it may be  
confidently asserted  
that he who is cruel to  
animals cannot be a  
good man."**

**—Philosopher  
Arthur Schopenhauer**

## PAWS FOR A THOUGHT



For a nonprofit organization to have a membership of over 400 and a donor base of nearly 1,500 in an isolated rural county of only 65,000 residents is nothing short of amazing.

PFOA has reached people in an incredible variety of ways. Our spay/neuter program has helped hundreds of low income community members to get their canine and feline companions sterilized at a very reasonable cost. Our T-N-R program has helped nearly 200 feral cat caretakers in our community spay and neuter well over 500 feral cats for very low cost or free so that those cats wouldn't continue to cause problems for their guardians or their neighbors. Our Emergency Medical Fund has helped pay the expenses of low

income guardians whose dogs and cats have suffered life threatening medical issues. Our Sponsorship program gives community members an opportunity to provide financial help for some of the harder-to-place pets in our care. Fund raisers like our public information events, our yearly "Santa Claws" pet photos, and our wildly popular 2004 and 2005 calendars have brought PFOA countless new supporters.

No matter how members of the public have come to know about PFOA, the organization has received accolades and support in the form of financial donations, in-kind donations, and volunteer time at Safe Haven and on the streets.

There is no sufficient way to express how grateful we are to those of you who support these ongoing efforts to improve the lives of abandoned and neglected local pets except to say thanks to each and every one of you —whether you have donated \$10,000 or simply the cost of a fund raising cookbook or change dropped into a donation jar. You've helped make a *huge* difference in the lives of countless dogs and cats in our community over the past six years.

It is a truly noble cause for which we work so hard. If we are to win, it is because of people like you who have stepped forward to do whatever it takes to succeed. —Editor

## VOICES

Hi Gary and Friends at PFOA,

I had a great visit with all of you and especially the feline friends. My, they are so well taken care of and my heartfelt gratitude for all you do for them.

It takes special people to take care of those less fortunate and more in need than just food and water. It is just heart warming to see the love extended to these beautiful cats. Bless you and all who take care of them.

I'm so thankful I could make the trip to Sequim last week. I'll do it again when I can. In the meantime, I'll keep in touch and wait for the newsletter. It's a must on my reading list.

—J.S., Auburn

## Upcoming Events

**Oct. 18 (Tues)** New members' orientation gathering at Safe Haven, 10:30-noon/Everyone welcome/Includes refreshments and tour

**Oct. 25,26,27 (Tues-Thurs) and Nov 1,2,3 (Tues-Thurs)** Low income spay/neuter clinics, *black cats free*, various veterinary hospitals

**Oct. 26 (Wed)** General Membership Meeting, Lazy Acres Mobile Home Park Clubhouse, Dryke Road just off Highway 101, 6:30-7:30pm/Everyone welcome/Refreshments served

**Nov. 12 (Sat)** Agnew Helpful Neighbors Club Holiday Bazaar, 9am-2pm/Barr Road near Old Olympic Highway

**Nov. 15 (Tues)** New members' orientation gathering at Safe Haven, 10:30-noon/Everyone welcome/Includes refreshments and tour

**Dec. 3 (Sat)** "Santa Claws" pet photos, Best Friend Nutrition, Valley Center Place (across Hooker Road from Costco), 9am-2pm

**Jan. 7 (Sat)** Area-wide "Twelfth Night" parties to benefit PFOA



## FUND RAISING FOR NEW PFOA ADOPTION BUILDING BEGINS IN EARNEST

PFOA's Board of Directors has voted to proceed immediately with fund raising for Phase 2 of Safe Haven's 6-year plan.

When Peninsula Friends of Animals, in 2002, outlined the plans that led to its Conditional Use Permit for the property on which the current Safe Haven feline sanctuary sits, Phase 2 plans were presented. Those plans called for a second building on the property—an adoption center—

to replace the building currently in use for that purpose.

The current adoption building, which was constructed in 1972, is not appropriate for permanent use as an adoption center and was never intended to be used for that except on a temporary basis. Once the new building is finished, the current one will be available for use as a lifetime care facility and emergency foster care center for

feline pets in critical and abusive situations.

Plans for the new adoption center—to be modeled after state-of-the-art buildings of its type being used elsewhere—will be made public as soon as they are finalized.

Supporters may participate in contributing to this important project by marking "Building Fund" on the donation envelope or writing those words in the memo portion of their donation checks.

## NOW AVAILABLE: PFOA Fund Raiser Cookbook

—by Mary Margolis

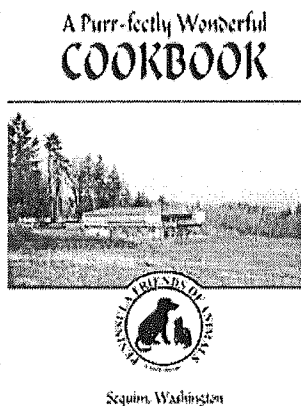
Looking for a great gift for a friend or family member and the purr-fect way to support PFOA at the same time? Look no further....Our 2006 fund raising project, *A Purr-fectly Wonderful Cookbook*, is up and running!

Since coming up with the idea, Safe Haven pet photographer Helen Hille has worked for months developing the project. She thought a cookbook would be "fun and something most people can use." When asked why not another calendar, Helen said, "Ladies have volunteered, men have volunteered, our cats *may* volunteer for a 2007 calendar, but for 2006, we'll have something a little bit different."

Members and friends provided almost 300 recipes which were typed by Helen, then proofread by Diane Lopez and Sharon Quesnell, whom Helen says were instrumental in

producing the final copy and catching many of the typos. One member submitted several recipes without putting his or her name on them, Helen says. "I chose one for the *For Brunch* section, and selected the name, 'Ann O'Nymus' for the 'submitted by' line. I wish I knew who should get the credit."

Proceeds from sales of the cookbooks will support Safe Haven's ongoing programs for feline and canine friends. The first printing is limited to 2,000 cookbooks, so customers are urged to buy them soon. They are \$12 each if purchased at local businesses or Safe Haven, or \$15 if mailed. Chapter Seven of the cookbook features special recipes *for pets*.



Sequim, Washington

According to volunteer Phyllis Blakely, who is handling cookbook distribution in Sequim, locations in that town where they are available for purchase are Sequim Animal Hospital, Pet Town, Frick Drugs, Country Care Vet, Vision Landscape Nursery, Twice Loved Books, Pacific Northwest Veterinary Hospital, Greywolf Veterinary Hospital, Sunny Farms (in the farm store), and Best Friend Nutrition.

Port Angeles locations are being serviced by Sharon Quesnell. They include Olympic Stationers, Port Book & News, Necessities and Temptations, Airport Garden Center, Family Veterinary Clinic, Country-Aire Natural Foods, La Vie, and Patricia's Pet Shop.

A great big "Thank you!" to all of the local businesses supporting our fund raising project. We could not hope to be successful without their help. Of course, PFOA greatly appreciates, as well, all those members and friends who submitted recipes for publication.

## Series of Low Income Spay/Neuter Clinics Set in Oct., Nov; *Black Cats Free!*

Low income residents of the north Olympic Peninsula will be able to have their black cats spayed and neutered for free during a series of clinics in late October and early November arranged in conjunction with local veterinarians, Peninsula Friends of Animals, Welfare For Animals Guild, and the Clallam County Humane Society.

The participating veterinary clinics and hospitals are Pacific Northwest Veterinary Hospital, Sequim Animal Hospital

and Greywolf Veterinary Hospital, all in Sequim, and Angeles Clinic for Animals in Port Angeles.

PFOA is sponsoring the clinics being held Oct. 25, 26 and 27. Low income community members wishing to participate in PFOA's clinics should reserve their cats' spaces as soon as possible by calling the Message Center phone: (360) 452-0414. A volunteer will call back to finalize the arrangements.

# CHAOS THEORY

(Originally published in *The Sequim Gazette*, Aug. 10, 2005)

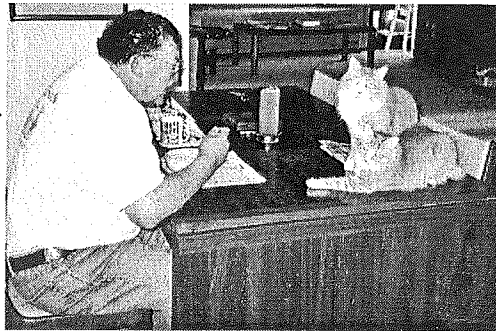
—by Rich Olmer

I've encountered the words chaos theory a number of times in my reading, but the words never had a clear meaning to me. They were nice words and seemed to hint at some deep, important concept that had something to do with order in the universe. Still, it was a kind of hollow, meaningless jumble of letters.

Then, Candy and I became the adopted parents of two PFOA kittens. Suddenly, I understood chaos theory. Introduce two kittens into a household consisting of two almost-senior citizens, one with an adaptability index of about the age of 12 (me), and there is suddenly chaos. Any semblance of the previous order is gone. Every normal routine is changed. Everything that once had a place suddenly has a new place. Everything sacred or esteemed is now a new plaything. Whatever is being looked at by a kitten is the most curious and wonderful thing in all of creation.

These two new kittens were from a litter of six born in Neah Bay. Their eastward trek brought them to our home. They came blessed with good health and

with way too much energy. Ages ago in a former life, I became a cat person. I have been trained by a number of very extraordinary cats to the point where I actually think I may have been a cat in a former life. Still, cats are not kittens. A



grown cat cannot jump four feet straight up in the air from a dead stop! A grown cat is a creature of habit. A kitten has no concept of habit, discipline or "No!"

Of course, to a kitten, what they create is not chaos, it is rather their vision of perfect order. Earrings do not belong in some fancy box in a bedroom; they belong under a chair in the living room. Well, one of them does—its mate belongs elsewhere. There is nothing that a kitten is not curious about. A kitten can play with 50 pencils or pens and the next one he

sees will fascinate him (or her). A kitten will play with knives, pins or mousetraps without fear. A tiny cat will attack a giant dog if they share a space. The one thing that a kitten does not like is water sprayed in its face. Yet a kitten loves to drink water from your glass and will quite likely stick his paw into the glass too.

After maybe 40 years of study, kittens remain enigmas to me. Your space inevitably becomes their space when you let them into your space. The magic they bring with them is that you will begin to see your space differently as they explore it. I have little doubt that they will discover some items in your home that you thought had been lost forever. They likely will treat things you cherish as junk and cherish things you would like to discard. They will grab scraps of paper in their mouths and run through the house until a perfect hiding place is discovered.

A cat would quickly point out to you that chaos is golden. Order can never triumph over chaos. The creation of chaos is the creation of perfection. Everything is where it is needed to be—if you happen to be a cat.

## Dogs Play Significant Role in PFOA Programs

Although the Safe Haven sanctuary is equipped to provide shelter strictly to felines, dozens upon dozens of our canine friends on the north Olympic Peninsula have been helped by other PFOA programs and community services.

PFOA's monthly spay-neuter clinics for low income pet guardians has attracted a large number of dogs. As of Sept., 2005, over 200 dogs had been spayed and neutered in these clinics with the financial help of PFOA. Additionally, over 150 canines were

spayed and neutered with PFOA's help in our ongoing, day to day program of scheduled spays and neuters with five local veterinary hospitals.

PFOA's new Emergency Medical Fund has aided nearly 50 dogs whose guardians couldn't afford to pay the whole cost of life saving treatment for their pet. In fact, two of five calls PFOA receives for emergency medical assistance are calls for help for dogs.

Adoptions of dogs from homes where they aren't wanted into homes where they are is another service PFOA has provided. Over the past three years, approximately 50 North Olympic Peninsula dogs have found permanent new homes thanks to the efforts of PFOA volunteer Nancy Campbell.

Our canine friends always have been—and always will be—an important part of the work done by PFOA.

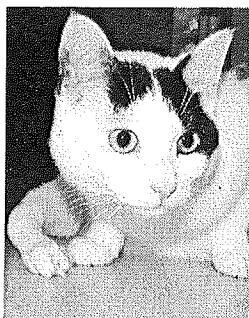
## HOPE FUND: A Way to Help PFOA's Handicapped Pets

A new account dubbed, "The HOPE Fund" has been set up by PFOA especially for the purpose of raising funds to cover expenses of the handicapped pets in our care. Although each of these disadvantaged pets already has monthly sponsors, the new fund will help offset the more significant expenses that sometimes occur as a result of X-rays, physical therapy, wheeled carts, neurological tests, etc., that are necessary to keep the pets happy and healthy.

Safe Haven feline resident Zoe, who suffered serious damage to her hindquarters after having been hit by a car, was recently fitted for a cart by K-9 Carts of Langley, WA. This device gets Zoe's rear quarters off the ground and into the proper position for navigating, eating, etc. X-rays were

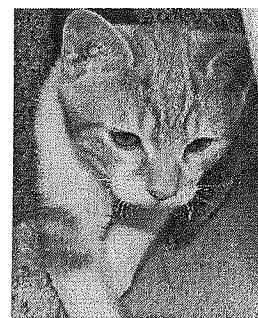


*Zoe and Hope have rear leg paralysis*



needed prior to the fitting in order to be sure that the cart was set to the proper measurements for her particular condition.

Hope has needed extra treatment on a number of occasions for a digestive disorder, and her rear legs have benefited from acupuncture from time to time.



*Tippy has balance problems associated with neurological issues*

Tippy's condition is good and he is one happy boy loving just about everything life has to offer, but he may ultimately benefit from treatments not yet explored.

Marking "HOPE Fund" on your donation envelope will assure that your contribution will be used specifically to help these and any other handicapped pets who may come into PFOA care.

## Volunteers Needed to Assist Handicapped Pets

Safe Haven is in need of a few committed volunteers to assist in the care of its handicapped residents.

Volunteers are needed for the following: 1) learning to manually express two partially paralyzed cat's bladders; 2) giving two partially paralyzed cats "painless" baths; and 3) supervising one paralyzed cat's activity in a wheeled cart.

Hope and Zoe, each with rear leg paralysis, are unable to void urine completely on their own. As a result, it is necessary for the urine to be

squeezed out of them several times a day with a procedure called bladder expressing. It is not especially difficult, but it takes some patience and practice.

Hope needs a daily bath and Zoe needs one several times of week due to the fact that they are unable to crawl into a litter box when nature calls and are unable to do all of their own cleanup. We have the bathing procedure down to just a few minutes, and Hope (especially) LOVES the part where the hair styler blows her dry!

Zoe needs time in her cart for a hour a day which helps to align her back and put her legs in the proper position so that they can be more useful to her when she isn't in the cart. She needs human supervision during the time she is in the cart.

The goal is to create a "committee" of volunteers to take turns doing some or all of these duties, perhaps once a week during pre-selected time periods. Volunteers must be PFOA members.

For a membership application, please call (360) 452-0414 or email [pfoa@olympen.com](mailto:pfoa@olympen.com).

## Thanking PFOA's Supporting Veterinarians

We can never thank enough the veterinarians in our community who routinely offer their time and their skills in order to help PFOA carry out its programs and services. Without their support, we couldn't exist.....so we thank them profusely!

Our supporting veterinarians

are Dr. Linda Allen (Pacific Northwest Veterinary Hospital, Sequim), Drs. Joyce Murphy and Ginny Johnson, (Port Hadlock Eye Clinic and Veterinary Hospital), Dr. Brian Marts (Sequim Animal Hospital), Dr. Melissa Smith (Country Care Veterinary and Acupuncture Service, Sequim), Dr.

Dennis Wilcox (Angeles Clinic For Animals, Port Angeles) and Dr. Mike Tyler (Greywolf Veterinary Hospital, Sequim).

Sincere thanks to each and every one of you! You are heroes to all of us at PFOA and to the pets you help as well!

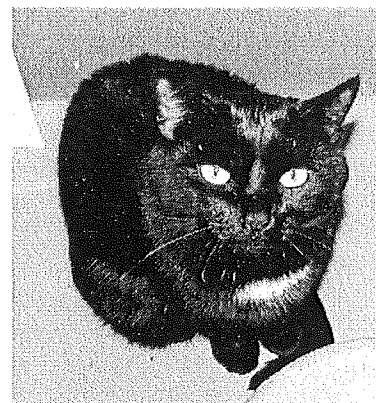
## Ginger Is Adopted....NOW Who's Been Here the Longest?

The last issue *Pet Tidings* featured an article inspired by one of the volunteers who told us she thought it was the right thing to do for potential adopters to consider adopting the cat who has been in PFOA care the longest.


Well, we thought so, too, so we featured Ginger, a sweet and gentle little feline who had been with us for four years. When a *Pet Tidings* reader saw Ginger's story, she asked to come and spend time on several different occasions in order for them to get to know each other. It didn't take long; first thing you know, the two of them were bonded and now Ginger (along with a Safe Haven roommate,

Gremlin) is happily situated in a wonderful new home.

Now we want long time resident Moon to find a home. One of Safe Haven's most popular cats, Moon (affectionately called Moonie or Mr. Moon by some of the volunteers) came to a PFOA foster home in 2001 and has called Room B-1 at Safe Haven home since it opened in March of 2004. Moon's three sisters (Sunny, Mary, Martha) followed him to Safe Haven but haven't socialized as well as was hoped. Moon, however, has become a big hunk of a sweetheart who loves to be pet and will allow himself to be brushed for literally hours on end!



If you can provide a safe, indoor home for Moon, please call to arrange an appointment to visit. PFOA's message phone is (360) 452-0414.




**Vision**  
Landscape Nursery  
"Bringing the Garden Home"

**Fall and Winter  
Hours**  
Mon-Sat 9-5  
Sun 11-4


Come make our nursery part of your  
Christmas Tradition

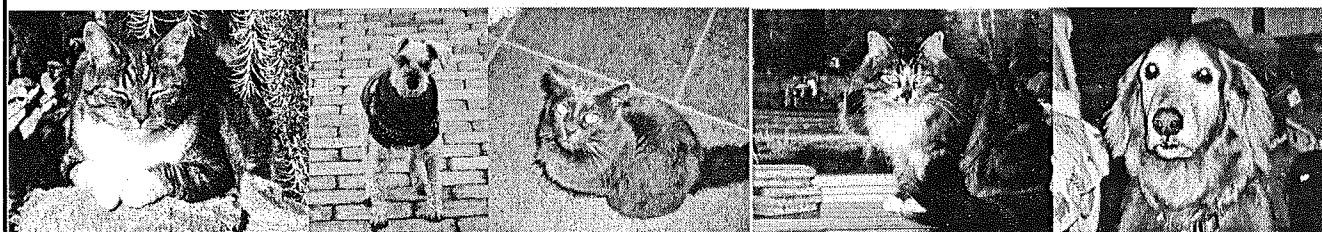
We have spectacular light displays,  
unique gifts in our beautiful garden gift shop  
and Santa visits every weekend starting Dec. 10



131 Kitchen-Dick Rd. Sequim, WA 98382 360.683.2855

[www.visionlandscapenursery.com](http://www.visionlandscapenursery.com)





Stop by and greet Vision Landscape Nursery's 4-legged residents: Isabella, Prince, Luna, Emma and Cleo

## Safe Haven's First Adoptee Still Missing After Sequim Fire

The very first cat adopted from Safe Haven when it opened in March, 2004, still has not been found since she was seen running from a devastating fire that destroyed her home, the Grey Wolf River Apartments, in downtown Sequim on May 11.

Priscilla was home alone at the time of the fire, as her guardian had already left for work that morning. Firemen saw her run from the building, but it is not clear whether or not she was injured.

While it is possible that Priscilla was burned or suffered smoke inhalation, hope remains



that she is still alive and well somewhere in the neighborhood, which generally encompasses Sequim Avenue, Sequim High School, Washington Street,

Clallam Coop and the Sequim Post Office.

Priscilla's story is even more compelling because of how she came to be with PFOA in the first place: she was rescued from a parking lot dumpster. Her story was detailed in the Spring, 2004 edition of *Pet Tidings*.

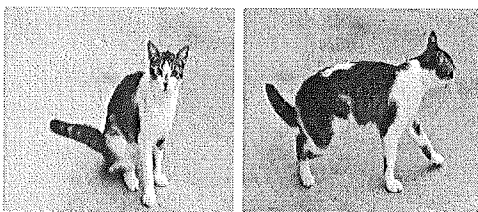
Priscilla is a medium sized long-haired cat with blended brown and orange coloring. Her face is quite triangular and the area below her nose to her chin is white.

If you have seen Priscilla, please call PFOA's message center: (360) 452-0414.

## 3-Legged Lulu Not Disadvantaged, Highly Adoptable, Despite Losing Limb

She lost her left rear leg early this summer in an unpleasant encounter with an unfriendly dog, but Lulu gets around as if she's always had but three legs.

Not one to dwell on an unfortunate incidence from months past, Lulu moves (or hops!) about her quarters with a great deal of energy and vigor.



*Lulu's missing left rear leg doesn't detract from her beauty nor from her going wherever and doing whatever she wants*

Sweet and friendly without being overbearing, Lulu likes nothing more than spending time in Safe Haven's safely enclosed cat play yard. For that reason, we hope to adopt Lulu into a home with a cat-proof outdoor enclosure attached to the house and a cat door to allow her access both ways—and, of course, into a household without dogs.

## "Twelfth Night" Parties Slated January 7 as PFOA Fund Raiser

People will be partying for PFOA at widely scattered locations the night of Saturday, January 7, 2006!

A series of "Twelfth Night" parties will be happening—all at the same time—in the homes of volunteers who choose to host them. The hope is that each host will invite at least six people—hopefully many of them will be people who aren't already members or supporters—who will each bring a \$20 donation for PFOA.

The parties can be as varied as their hosts: dinner, dessert, cocktail, barbeque, tea, wine & cheese, etc. The hosts and hostesses will have brochures and newsletters for the guests, be conversant about PFOA's goals, and will send PFOA the donations collected along with the names and addresses of the donors after the parties.

The goal is to find 100 people to host these parties in order to maximize the number of donations collected. Several people have already started planning their parties. The potential is great for this to be a major fund raiser and even to get publicity for the event via our major local newspapers and radio station.

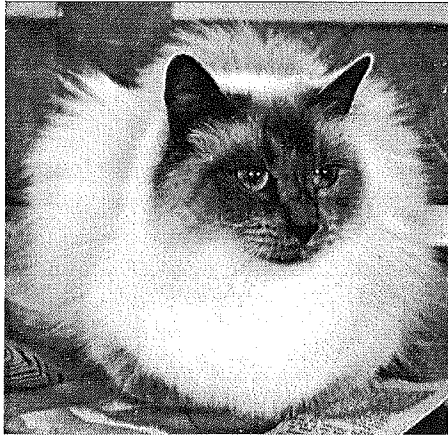
The event organizer is Thelma Sullock. Please call Thelma at (360) 681-6840 if you have questions or need additional details.

Brochures, newsletters, bumper stickers, etc., are available at Safe Haven. If you can't make it to Safe Haven to pick them up, volunteers can deliver or mail these items to anyone hosting a party.



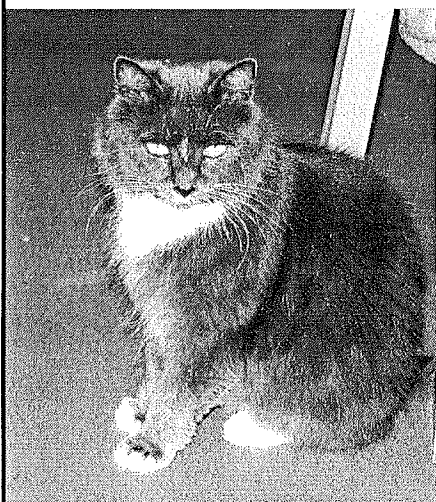
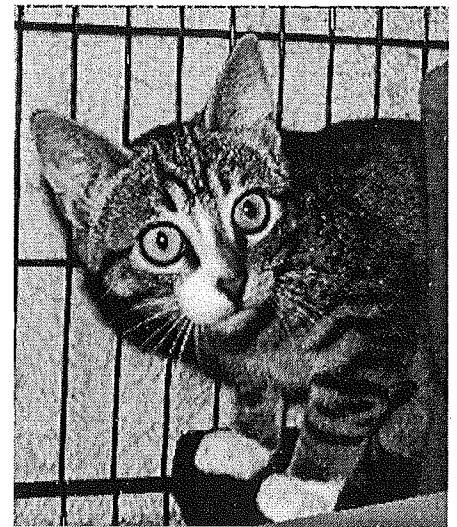
## ***ADOPTABLES!***

All of these socialized pets have been health-checked and treated, vaccinated and spayed or neutered. Please call our Message Center at (360) 452-0414 if you can provide a safe, loving, comfortable home for one or more of them. Adoption fee applies to help defer a portion of the expenses incurred.



At 2-3 years old, **DELLA MARIE** is a gorgeous, long haired, cream colored Himalayan mix. She is just a bit intimidated by other cats and would probably prefer to live in a home without them.

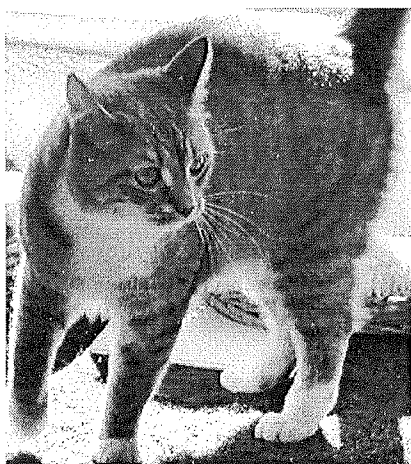
**STEVIE** is just over four months old. This brown striped tabby with white markings starts out painfully shy in new surroundings and then eventually turns into the most affectionate little guy you've ever known. Give Stevie a chance....he'll make you a very happy feline guardian!



At about 3 years old, gray and white **DELORES** just showed up one day at a stranger's house. As relaxed a cat as one will ever find, Delores is always present but never "needy." She is as sure of herself as she is that someone will offer her a permanent home soon.



## ADOPTABLES!



**GILLESPIE** has big round eyes and is your typical *big and sweet* neutered orange male cat! He doesn't have any issues with other cats. At just two years old, Gillespie will provide many years of love and affection to the person who adopts him.

## Adoption-Challenged

"My name is **PETHEY** and I came into this world in April, 2004. Life was difficult for the first six months—living on the street—and then I was trapped along with my sister by a two-legged being. We were fostered for several months where the two-leggeds fed, played with, and loved us. In April of 2005 I came to Safe Haven with my sis. She was adopted into a wonderful home. I miss her, but have made new friends. I'm a good boy, sweet and loving, but I'm so shy and still unsure of two-leggeds that visitors to Safe Haven don't often see me. The two-legged that trapped me visits several times a week. Since I trust her so much, I always come out of hiding to snuggle and cuddle with her. She says that if someone was patient with me and took time to bond, I would be the most affectionate, dedicated kitty on the planet!



"In this fast paced 'rat race' world, is there someone that would take time to get to know me?"

## ANIMAL-FRIENDLY BUSINESSES YOU CAN COUNT ON FOR QUALITY PRODUCTS AND SERVICES

## Westside Grooming & Pet Sitting



*Mary Ellen Zalewski*

Office: 360-457-6997

Mobile: 360-808-4327

NEAR PORT ANGELES AIRPORT

DOGIE DAYCARE WITH COVERED RUNS AND INDOOR ACCOMMODATIONS

Mary even picks up the mail and newspapers, and waters the plants! Count on Mary for tender, loving care. Close to P.A. airport. Covered outside pens, dogs in at night. Ask about Doggy Day Care. 360-457-6997



*Country Care Veterinary  
& Acupuncture Service*

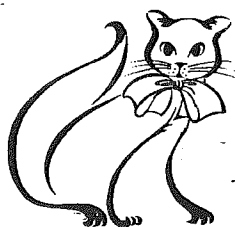
Melissa Smith DVM

51 Valley Center Pl.  
Sequim, WA 98382  
(360) 681-0334

*Compassionate Care for Your Companions.*

Clients of Dr. Melissa rave about how comfortable and relaxed their pets are kept, and about how informative the doctor is! Now available: a new, wider range of surgeries and services. Make your appointment now! 360-681-0334

*The Cat's Pajamas*  
A Bed and Breakfast for Cats, Inc.



Janet Krantz  
360-565-1077

318 Howe Road  
Port Angeles, WA 98362  
pjkrantz@usintouch.com

Cats Only boarding resort! Large individual accommodations offering 5-foot climbing poles, catnip mice, soothing music and the latest in cat-craving bug movies! Lap time, tummy rubs and combings. Reservations, 360-565-1077

## Aardvarks to Zebras Pet Care

- Certified Professional Grooming
- Boarding (24-hour care)
- Training
- Terriers a Specialty
- 20 years experience
- Hours by appointment
- Visitors Welcome

(360) 452-1099



P.O. Box 1725 • 3063 East Myrtle • Port Angeles, WA 98362

Bonni is the only *certified* groomer in Clallam County. Her boarding facilities include covered outdoor pens and play yards, and your canine friends sleep indoors at night in private pens. 360-452-1099

Destination for Quality & Variety



McComb Road  
NURSERY

751 McComb Road, Sequim WA 98382  
360-681-2827 www.mccombroadnursery.com

CERTIFIED PROFESSIONALS

An oasis off the beaten path....but well worth finding! Neil, Jane, Joey (the friendly guy with one brown eye, one blue eye and paws!) and the staff will greet you with an enthusiastic passion for plants and the knowledge to assist. 360-681-2827

PORT ANGELES  
AUTO GLASS

Windshields • Rock Chip Repair  
Direct Insurance Billing

833 E. First St. • Port Angeles, WA 98362 • (360) 457-0875

Quality service by a helpful, friendly and experienced staff.....and they're animal lovers, too! For all your auto glass needs call Port Angeles Auto Glass. 360-457-0875.

**VET-SMARTZ**

—by Dr. Virginia Johnson, Diplomate, American Board of Veterinary Practitioners

Dear Dr. Ginny,

I have a cat that vomits sometimes two or three times a week. She doesn't act sick and has a good appetite. How often is it normal for a cat to vomit? I don't see any hair in it. This time it looked like a sort of brown, long shaped thing. Before that there was cat food in it and then it was yellow liquid.

—Joanne

Dear Joanne,

If a cat vomits more than one to two times a month, I start to worry that something besides hairballs or overeating is occurring. The most common reason that a cat vomits on a regular basis, and acts otherwise okay, is food intolerance or food allergy. If this goes on long

enough, it can lead to a form of inflammatory bowel disease (IBD). Many cats have this problem and can lead relatively normal lives, but the vomiting often gets worse, and many cat owners don't deal well with having to clean it up on a regular basis.

Of course, cats that vomit can also have other problems. Stomach or gut cancer, lymphoma, Feline Leukemia viral infections, or parasites are some other diseases than may manifest with vomiting. Tests might include radiographs, blood tests, barium studies or even endoscopic biopsies.

Another option when cats vomit frequently is to do a strict food trial. This means feeding a strictly hypoallergenic diet. There are commercial hypoallergenic diets

available such as IVD Duck and Potato, IVD Rabbit and Potato, and Science Diet D/D. The pet owner must feed only the chosen diet for six weeks to see if this approach helps their cat.

One last option would be to give a dose of steroids and see if the cat stops vomiting. This is the least desirable option because there are no diagnostic tests done and steroids do have side effects. It is, however, the least expensive approach and some people find it attractive for that reason.

I hope this helps you make some choices or decisions regarding your cat.

Sincerely,

Dr. Ginny Johnson

**Sales of Meow Merlot to Benefit PFOA**

If you drink red wine for heart health (or just because you enjoy it!), you may want to visit Queen's Cabinet Antiques on Cedar in Sequim (across the street from City Hall) and pick up a bottle (or a case) of Meow Merlot!

Produced and bottled in Outlook, Washington (Yakima Valley) by St. Hilaire Cellars, Meow Merlot pays tribute to Emma, the winery's shelter-rescued feline, and honors winery cats everywhere.

As a bonus, Queen's Cabinet Antiques owner Jean Haight has promised to donate \$5 to PFOA for every case of Meow Merlot sold at her business.

In the near future, Queen's Cabinet Antiques will be moving to the old Crystal Peddler on Washington Street. To check ahead, call Jean at (360) 681-2778.

**More Cat Haiku**

—by Deborah Coates

Lamps are convenient  
For trapping moths, but they *do*  
Tip over a lot

The scrunched up throw rugs  
Add a nice casual touch  
Of welcome, don't they?

I fix one thing, you  
Change it back. I just can't keep  
Things nice around here.

**PT Classifieds**

**SEEKING QUALITY OF LIFE:** Disabled lady with six elderly cats needs extra-large one-level home, any location, with fenced yard (at least partially) and garage, storage, or shop. Must get rid of oppressive

storage-shed fees. Would like to lease purchase for \$500/month now; more when second income established. Have own ramp. References. Trees/shrubs would be wonderful! (360) 457-6343.

**VOLUNTEER NEEDED** to evaluate and track cars and other vehicles donated to PFOA. Can work at Safe Haven or out of home. Training provided. (360) 452-0414



## Helen and Reddy: Please Adopt *Together*

—by Diane Lopez

On a cold December day I received a call about “two beautiful cats dropped off on the beach, living under an empty house.” They had entered through a cat door and fallen asleep on a footstool. “They’re scared, but I can pick them up and hold them, and they don’t seem to be intimidated by our dog.”

The caller had become attached to and was feeding the young cats, but her older cat was definitely NOT happy with the intruders....and the lady was not in a position to take on two more animals, anyway.

Hard to believe that no one had reported these beauties missing! The caller named them Helen and Reddy, after a favorite singer. Both are long haired, surely from the same litter, and clearly devoted to one another.

Reddy, the black and white, was more shy and moody, while Helen, a beautiful slate gray, was curious and

assertive. When I went to see them, both came when called from across the road and wanted to be held and cuddled.

When space opened, I took the “girls” to the vet and discovered that “Helen” is a neutered male and “Reddy” a spayed female! So we reversed their names and have kept them together at the cattery where they look after one another, protected from the dangers of the cold beach.



Helen and Reddy would prefer to be the only cats in their “forever home” but probably wouldn’t object to a cat-friendly dog. To keep looking beautiful, they will require a caregiver who LOVES brushing beautiful long-haired coats on a daily basis. It’s a wonderful bonding time and they have always enjoyed it!

## One Person’s Easy Way to Help PFOA

—by An Anonymous Sequim Member

Home from work, I open the mailbox and there it is. Yahoo....the latest *Pet Tidings*! I come into the house, basically drop everything, and read it front to back. I figure once every three months everything can wait a few minutes. Of course, it wasn’t always this way because every three months I also had to face the last page of the newsletter asking if I could help.

You’re unsure if you can commit to it. You’d like to volunteer more time, but your

schedule is already too full or you live too far away.

I came up with an idea that works for me. I’d like to share it and maybe it can work for you, too.

Make or buy a small bank. I took an empty cashew can, washed it out, and cut a slot in the plastic cover.

Every time I make a purchase, I use only bills. The change goes into my pocket. I never use coins to make the “cents” on the purchase amount. Every day I put my change into the can. I picked up

a supply of paper coin rolls from my bank (at no charge).

Now, every time I receive my *Pet Tidings*, I count and roll the coins in my can and deposit them into my checking account. Then I send a check for that amount to PFOA. So simple, and it takes very little time.

Now when I get my *Pet Tidings* each quarter, I feel I’ve helped write each of the stories in a small way.

Thank you PFOA for all you do!

## SAFE HAVEN WISH LIST

Baby play pens; baby changing table; bassinet

Paper towels

Liquid laundry detergent

Liquid dishwasher detergent

Citrus Magic Aerosol Air Freshener

Anti-bacterial hand soap

Heavyweight trash bags

Retail store gift cards

Electrician to donate time to install a Hunter ceiling fan

Canned cat food (Friskies, Fancy Feast, 9 Lives, etc.)

Max Cat label cat food (Adult, Senior, Kitten)

## BLACK CATS: Myths and Reality

—by Mary Margolis

What's the deal with black cats? Are they really bad luck or merely given an unpleasant rap? Most of us associate the ebony beings with Friday the Thirteenth, Halloween, or other superstitions. One of the earliest associations of black cats with evil comes from ancient Babylonian and Hebrew mythologies. These myths compare the black cat, coiled in a circle as it dozes on the hearth, to a serpent.

During the Middle Ages Germans believed if a black cat jumped on the bed of a sick person it meant death was impending. The Normans believed if a black cat crossed your path in the moonlight, you would die in an epidemic. In Finland, black cats were thought to carry the souls of the dead to the other world. In China, the mere presence of a black cat was believed to foretell sickness and poverty.

The tales go on and on. In researching the myths on the Internet, one will come across many stories reputing the danger and aura of mystery surrounding black cats. In fact, extensive research has been conducted. In one study, black cats were pitted against white cats to see which one had more of an impact on human behavior and "luck." In an article by Mark Levin, he summarized his experiment as follows:

"Neither cat produced a drastic change in the subject's luck. I own a black cat, and although she has crossed my path hundreds of times, I see no degradation in my schoolwork or social life. The idea that black cats cause bad luck is false. Cats do not effect the luck of anyone whose path has been crossed."

Some cultures revere black cats for their great powers. Black cats are said to grant invisibility, return one's lost love, and bring financial luck. In Britain and Japan, having a black cat cross one's path is considered good luck.

Other good fortune signals associated with black cats are: 1) possessing a black cat (as much as a cat can be owned!); 2) having a black cat greet you at a door; 3) having a black cat enter your home; 4) meeting three black cats in succession; 5) touching a black cat.

The truth is black cats are just as loving and wonderful as their striped or lighter counterparts. The panther looking beings want to be hugged and

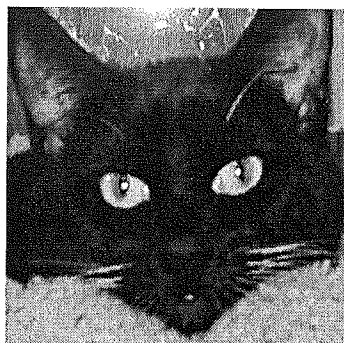
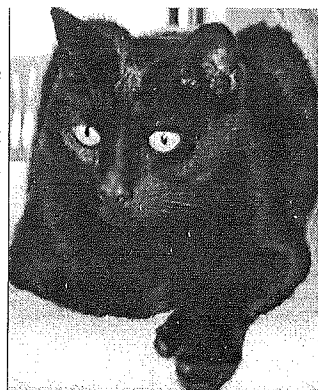
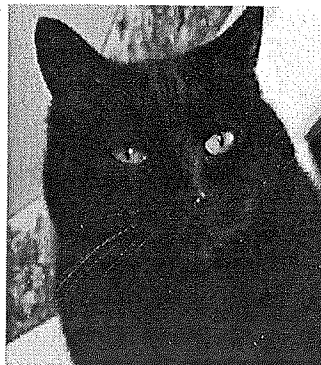
appreciated just like other felines.

What about those big yellow eyes? They look like full moons; the yellow eyes hold the wisdom of the ages, going

back to the days of Egypt and the Royal Sphinx.

Are you curious about these critters? Come and see the magic of these black beauties at Safe Haven. There are approximately ten in residence, with many others in foster care. Meet Mary Lou with her soft fur, and her debonair brother, Moonie. Their sisters, Sunny and Martha, would love to bring luck to your world. And there's big Fagin, and panther-like Thistle, quirky Comet and strikingly sleek kitten Rochelle.

If you can receive good luck from touching a black cat, as stated above, imagine what it would be like to have one live with you. Black cats are beautiful, loving beings who make "purr-fect" pets.



## "Santa Claws": Pet Photos with Santa Gearing Up For Fifth Big Year

Prepare you pet friends now! PFOA's yearly fund raiser, "Santa Claws" will be taking place Saturday, December 3, from 10am-3pm at Best Friend Nutrition (across Hooker Road from the Costco parking lot entrance).

Serenery Photography owners Jim and Suzanne Arnold will be taking the photos digitally and delivering them to pet guardians on the spot. The Arnolds are professional photographers whose work with "Santa Claws" last year was well received.

Hope & Jim Williams have offered free space to Santa and PFOA for this event year after year in their retail store which offers a wonderful selection of high quality pet food and supplements.

All friendly pets are welcome to participate. Cats should be brought to the event in carriers, and dogs and other large animals should come on a leash.

## *Memorials and Gratitudes*

### *In Memory of Special People*

In memory of Harry Kierch, from Peggy Brummet

In memory of Harry Hughes, from Bonita Christianson

In honor of Harry Kierch, from Anne Davis

In memory of Harry Hughes, from Dungeness Women's Golf Association

In honor of Harry Hughes, from Carolyn Y. & James C. Green

In memory of Harry Hughes, from Faith & Franklin Greenough

In memory of Harry Hughes, from George Hill

In the name of Harry F. Hughes, from Thomas G. Honnold

In memory of Harry Hughes, from Carol L. & Thomas P. Hunter

In memory of my good friend and fellow Rotarian Harry—"how we miss you," from Arlene O. Kennedy

In memory of Harry Hughes, from Cherie & Jim Pickett

In memory of Bonnie L. Kovatch from Bill & Cathy Rinehart

In memory of Harry Hughes, from Kathryn M. Schreiner

In memory of Mrs. Harriet Sorg Dupie, beloved mother, from Gloria J. Shepard

In memory of Harry Hughes, friend to all, from W. Lee & Doreen Wiltsie

In memory of Harry Hughes of Sequim, from Betty H. Wright

### *In Honor of Special Friends*

On behalf of Vicky and Bruce, from Laurie McElroy

### *In Memory of Beloved Companion Animals*

In loving memory of sweet gentle black LADY, who spent her last, happy, year with me and took part of my heart when she died, from Ann Gilson

In memory of Rita Heywood's little dog Billy, from Jess & Janet Harker

In memory of Ann Gilson's Lady, from Jess & Janet Harker

In memory of Angus Trent's & Marjorie Benning's Miss Kitty, from Jess & Janet Harker

In memory of T-Bell, beloved member of the Lee Family, from Dave Neupert & Claudia Huston

In memory of Smokey, cherished companion of Steve Neupert, from Dave Neupert & Claudia Huston

In memory of "Dr. Pepper." His passing left a huge hole in the lives of Chris, Lee & Bob. From Ellie Schmidt

In memory of Marilla Sorg, beloved cat companion, from Gloria J. Shepard

In memory of our beloved cat—Marilla Catrina Sorg—who died June 16, 2005 at the age of 19, from Don & Lois Sorg

In memory of Rita & Svend's Billy and his boundless loving spirit. I will keep him forever in my heart. From Joan J. Woods

In memory of Babe, beloved companion of many years to Jeannette Gault, from Judy Zwick

In memory of "Miss Kitty-Ku," so lady-like and loving friend of Angus & Marjorie & furry friends, from Judy Zwick

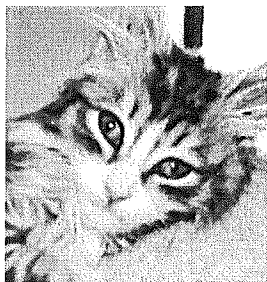
In memory of Maggie, beloved companion of Jack & Bonnie & furry sisters Lucy & Emily, from Judy Zwick



## The Perils of Penny

So off she went to the vet for another check-up and complete blood panel this time

Meanwhile, back at Safe Haven, there was a growing list of potential adopters who were expressing serious interest in Penny. The problem, of course, is that we couldn't adopt this sweet little girl until we were sure she was healthy enough to be moved into a new home.



When she heard the results—that everything was absolutely *normal*, and that Penny had gained back the

Then it happened! The adopter of another kitten in Penny's room was at Safe Haven to pick that cat up and take her home when the blood panel tests for Penny arrived.

weight she had lost—she stepped forward to remind us that Penny had been her first choice all along and asked us to change the adoption so that she could take Penny home.

Because we knew this was an exceptionally safe and caring indoor home, Penny was sent off to live with her new family who reports that she is gaining weight rapidly and loves having a nice big home of her own to romp around in and grow up under watchful eyes.

—Cont. from Page 1

## NEW MEMBERS: Welcome!

Membership in PFOA has now exceeded 400! (Members are supporters who have designated \$20 of their donation money to membership and have filled out and signed a Membership Application).

Newest members are: Constance Authiar, Hazel Ruth Bellinger, Charles Call, Roxanne Fryer, Karen Goschan, Louise K. Holmes, James Hutchins, Sandra Johnson, Kathleen King, David Loudon, Roberta Loudon, Pamela

Macas, Kimberly McBride, Meredith Morton Shirley Parsons, Maria Mac Tavish, Helen Mitchell, Thelma Sullock, Sharon E. Walters, Beverly Welch.

Each and every one of you is warmly welcomed into the group. You are invited to become active in PFOA and Safe Haven if you wish or to quietly support us from the comfort of your easy chair. Every nonprofit organization needs both kinds of supporters.

Monthly membership meetings are a good opportunity to catch up with the latest goings on and to meet other like minded people. These fun and casual meetings are held at the Lazy Acres Mobile Home Park clubhouse at 111 Dryke Rd, just west of Sequim. They take place the fourth Wednesday of each month, from 6:30-7:30pm. Free refreshments are served.

Hope to see you all there!

## SPONSORSHIP: Helping the Less Adoptable Pets

Lifetime sponsors of adoption-challenged cats in PFOA care are Charlene Erickson, Heidi Harrenstein, Beatrice Holleck (*three* lifetime memberships!) and Lisa Ljunhammar.

Yearly and monthly sponsors are Teri Adair, Dana Avila, Claire Bernards, Phyllis Blakely, Sondra Blair-Bond, Blair Burns, Denise Cornell, Lori Crow, Kathy Danley, Patrice Davis, Deirdre De Roia, Susan Dornbush, Louis & Marguerite Evart, Caroline & Erik Flint, Donna Flint, Marilyn Freeman, David M. Fritz, Claudia Fureby, Kim & John Gilman, Peter Grassi & Shirley McFadden, Roderic & Linda Grubb, Barbara Hamlin, Linda Harer, Tom & Patricia Hart, Creta Hendricks, Carolyn Howard, K. Connelly & Shawn Jones, Sharon Jordan, Horst Kimmerle, Max Krueger, Polly Loggy, Helen Miller, Helen Mitchell, Naomi Mitchell, Lee & Linda Moench, Rebecca Neason, Jim & Carol Nelson, Roxine Oak, Sharon Rand, Richard Reed, Sally Ruud,

Katherine Schenkel, Joyce Serquina, Nellie Stokley, Mary Sweetser, Jean Marie Szeles, Diana Vance, Sharon Vander Weyden, Sharon Vera, Dennis & Marian Wajckus, Kari Walter, Irene Weiss, Deborah Nelson Willis, Judith Zwick and two anonymous sponsors.

Pets being sponsored are Azure, Booky, Cinders, Dandelion, Dinah, Donovan, Frankie, Hope, Inky, Jack, Jim, Lady, Little Bit, Little Joey, Mary Lou, Mavis, Moon, Murphy, Peggy Sue, Princess, Riley, Rutabaga, Smudge, Snickers, Spot Nelson, Sumari, Tigger, Tippy, Wonkette and Zoe.

Thanks to each and every one of you for caring enough to help these less adoptable pets who otherwise would have nowhere else to go. Your sponsorship assures them of being cared for at Safe Haven for as long as it takes to be adopted—or for the rest of their lives, if necessary.

## Calling All Knitters and Crocheters

PFOA member Leila Reyes is interested in forming a group of volunteers to get together once or twice a month to knit and crochet items that can be sold to raise funds for the animals.

If you are interested in being part of such a group, please call PFOA's Message Center line (360) 452-0414 and a volunteer will put you in touch with Leila.

If anyone has yarn to donate for these projects, please let us know that as well.

**Peninsula Friends of Animals**

PO Box 404  
Sequim, WA 98382  
Phone: 360-452-0414  
Fax: 360-452-0412  
Email: pfoa@olypen.com

Non-Profit Org  
U.S. Postage  
**PAID**  
Port Angeles, WA  
Permit No. 447

\*\*\*\*\*ECRLOT\*\*C013  
ANN  
1111 OLYMPUS ST  
PORT ANGELES WA 98362-2734

Web site: <http://safehavenpfoa.org>

**I WANT TO BE PART OF THE SOLUTION!**

I am making a tax deductible donation in the amount of \$ \_\_\_\_\_ to be used for  
\_\_\_\_\_ Daily expenses (food, litter, medical care, utilities, insurance, etc.);  
\_\_\_\_\_ Building Fund; \_\_\_\_\_ Spay/Neuter Program; \_\_\_\_\_ T-N-R program;  
\_\_\_\_\_ Emergency Medical Fund \_\_\_\_\_ HOPE Fund for PFOA's handicapped pets

I would like to sponsor a homeless pet who is currently in your care. I will receive  
a photo and history of that animal and may receive occasional updates. \_\_\_\$10 per  
month; \_\_\_\_\_ \$120 per year \_\_\_\_\_ \$500 for the animal's lifetime

I would like to become a member. Please send me the Membership Application.  
\_\_\_\_\_ I am prepaying my \$20 yearly membership fee.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_ Phone \_\_\_\_\_



*Peninsula Friends of Animals , P O Box 404, Sequim, WA 98382*