

Pet Tidings

I Met the Best at PFOA

By Suzi Ure

It was three and a half years after Pumpkin ("Punk"), my seventeen-year-old diva, passed before I was ready to get another feline or two. I wanted to get a bonded pair so I would not be the sole focus of the cats' attention. I had had a demanding "only cat" for 17 years; now I wanted siblings. I thought I wanted a pair of tuxedo girls. That was until "The Boys" captured my heart. Not girls, not tuxedos. Older tabby boys!

What attracted me to The Boys when I first met them at PFOA was their affectionate nature toward each other and toward me. About forty years ago I had a very entertaining pair of brothers, Harry and Percy. The Boys I met at PFOA could have been Harry and Percy reincarnated. The cat formerly known as Stripes is a well-built tabby boy who now responds to the name Harry. The former Blue is the energetic reincarnation of my first Harry's sibling, Percival. They quickly started responding to their new names. Like their namesakes, they played and slept together. And like the originals, they had plenty of affection for me as well.

The Boys show their affection in totally different ways. On his first day home, Harry rolled over so I could scratch his tummy! He loves having his tummy scratched and rolls over to make it easy for me. If I pick him up to carry him



somewhere, he doesn't drape himself over my shoulder. He prefers to be carried like a baby and have his tummy rubbed while I carry him. It's the sweetest thing ever.

Percival (Percy) is taller but slender. He has a very refined bone structure; in fact, he looks like an Egyptian statue when he sits in that position. He shows his affection by sitting on my lap, purring like crazy.

Percy is a mighty hunter. I thought something was wrong when I first heard his "Look Mom, I brought you a toy I killed for you!" yowl.

I thought he was hurt!

Continued on Page 3



Deacon



Shelly





Glenda



Oscar

SEE SOME PETS AVAILABLE FOR ADOPTION ON PAGE 6



Emily



Lacev



PAGE 2 VOLUME 19, ISSUE 2

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We are pleased to present three stories featuring previous Safe Haven residents. Each story was written by the new caregiver/parent, focusing on the adoption experience and the cat's life in his/her new forever home.

Our cover story was written by Suzi Ure, who adopted two brothers (Blue and Stripes) from PFOA about a year and a half ago. She describes the affection "The Boys" have for each other and for her, the immediate acceptance of their new home, and the antics they go through to keep her (and all of her guests) entertained. Although it is a common belief that one cannot herd cats, Suzi has somehow accomplished that feat (with a great deal of cooperation from her two feline companions).

"Cagney Comes Home," written by Mike Oshry, describes a much longer adjustment period for the young cat he and his wife adopted in mid-2019. The cat, now named Lily, or L'il Kitty "for short," was initially shy and wanted to keep her distance. Her story emphasizes the importance of allowing a new animal the freedom to adjust to new surroundings in her own time frame.

"Chasing Sunbeams" was written by Bill Sparling, who has contributed many entertaining stories about Molly. Bill and Almie adopted their little blue tortie, originally named Nala, in 2016, and she has been a source of comfort, entertainment and joy for almost 3 ½ years. She is adept at communicating her needs, and providing whatever training is necessary to her human companions.

We rejoice in the loving homes these four cats have found, as well as the thousands of other cats who have passed through our doors. We care about each rescue animal, and spend a good deal of effort to ensure that their new homes will be their forever homes. We trust that you will enjoy their stories, and continue to support Peninsula Friends of Animals.

- Marilyn Ash, Editor

Mews from the Board



In our last *Pet Tidings* issue, we focused on our successful record of finding homes for older kitties. But what happens when we are unable to find a forever home for one of these special cats? If a rescue cat is not adopted (usually because of a combination of age and health issues), the kitty is provided its forever home with us. And when one of our permanent residents crosses the Rainbow Bridge, his/her resting place is on the beautiful grounds of Safe Haven.

Our July, who left us on February 9, 2020, was one of those kitties. This is her story. July—the name evokes memories of warm sunny days and bright fireworks and holiday fun. However, when this little tortie showed up at our doorstep late on a July Saturday in 2011, she was as quiet and cold as a January snow. Found under a bush in Carrie Blake Park, she was limp and dehydrated and suffering a traumatic injury to her spine. Already a middle-aged cat, we were not sure she would survive. We hoped for the best, and named her July.

After extensive emergency treatment, July's condition stabilized, and she became a shelter favorite. She was sweet and funny and loved to lie in the sun in her catio. We rejoiced when she was adopted and were saddened when she came back to us several years later when her back injuries and subsequent arthritis became too severe for her owner to deal with.

With good meds, pain management and lots of TLC, July regained her mobility and lived with us for three more years. She became an office cat, pampered and spoiled by staff and volunteers.

In hospice care for the past several months, July still enjoyed her pets and attention, a good meal, and lying in the sun till her last day with us. She happily meowed a greeting to us each morning and chatted her demands throughout the day. Her will to live and her indomitable spirit were an inspiration to us all. July was a ray of sunshine who brightened all of our lives, and Safe Haven seems a bit darker without her warm presence.

- Board of Directors, Peninsula Friends of Animals

The Boys Did Their Job

---Continued from Page 1

Now I know to call out, so he knows where to bring his kill. He usually drops the dead toy at my feet, yowling all the way.

I find it interesting how each has learned from the other. Harry gets my attention by rolling over and exposing his tummy. After a few months, Percy started rolling over so I could scratch his tummy as well. Percy likes to crawl under the covers and sleep right beside me. Harry is now starting to come under the covers as well. When I wake up with one on each side of me, it is somewhat challenging to get out of bed.



The Boys have their job to do and that is to entertain me. They make me laugh and smile every single day. What I did not realize is they love company and think their job is to entertain everybody I know. When the doorbell rings, they run. Unlike most cats, they come running TO the door so they can greet whoever is visiting.

They like to nuzzle peoples' hair. Harry started this on his very first day home. Each boy has his favorite friends. Percy always head bumps a friend who wears pink lipstick. He seems to like the "I've been kissed by a girl"



mark on his forehead. Both like to nuzzle hair and they give feline head massages to everyone who will accept them. I now wear a hoody to bed, so it is more difficult for them to chew on my hair while I sleep!

I could go on and on. Percy has trained me to turn on the faucet in the bathroom for him – running water always tastes best! Harry has instructed me in the proper use of a lint roller – as a grooming tool! One day I tore a sheet off the roller and, from a sound sleep in the farthest room, Harry came running. He's trained me to "roll" him; I've "trained" him to follow the lint roller. You may not be able to herd cats, but the lint roller can get mine to go anywhere. Where Harry goes, Percy follows so he doesn't miss out on anything!

When I have been gone longer than they think I should, they will herd me down the hall when I get home. They jump on the bed to let me know I am supposed to lie down so they can snuggle, one on each side of me. I've had some pretty special cats in my life, and I have to say that Harry and Percy are the best cats ever! *

Remembering Bruce

With great sorrow at his passing and joy for a life well lived, we would like to pay tribute to our dear friend, Bruce Page, who passed away at 92 on December 26, 2019.

After many years spent serving our country in the military in various locations, Bruce and his wife Lori (they were married for 71 years!) retired to the Olympic Peninsula, where they bought a wonderful log cabin in the woods. As avid animal lovers, they both became members of PFOA in our first years and volunteered at Safe Haven in a variety of ways. They fostered kittens (and adopted many of them), helped out at events, worked at the shelter and socialized cats, and Bruce served on our Board for many years. He was instrumental in setting up our computer data

base for members, and coordinated the entire membership department—spending hours to provide us with up-to-date reports and ensuring that notices were sent out for renewal and checking in with the new members.

Bruce had a wonderful wit and dry sense of humor—often giving a donation in some odd amount and leaving it up to us to guess what the meaning of an amount of \$543.67 might represent. He always had a joke to share, but also had a keen intellect and a way of getting to the heart of the matter. His contribution to our oversight helped make PFOA the success we are today, and his generosity enabled us to help many animals in need. Bruce was a kind and compassionate man, and we will miss his smiling face and warm hugs. We and Safe Haven's furry residents salute our dear friend, Bruce Page! ❖

PAGE 4 VOLUME 19, ISSUE 2

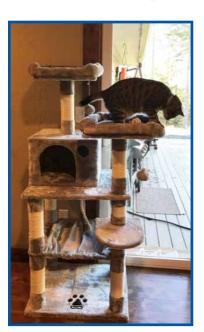
Cagney Comes Home

By Mike Oshry

My wife, Gail, and I had recently said goodbye to our tabby kitty who had lived to the ripe ol' age of nineteen. His name was Bid's. He was a great companion. In his later years, like so many older cats, Bid's spent much of his days eating and sleeping. He loved being petted and remained playful almost to the last day. Losing Bid's was a terrible blow to us. We missed him terribly, and thought of him often.

One day I suggested we begin to look for another cat. Gail was all-in and it was just a matter of weeks before we began our search. After our first visit to *Safe Haven*, *Peninsula Friends of Animals*, we knew we had found our new companion. Our overall experience couldn't have been better.

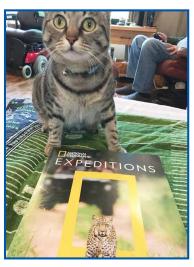
We were pleased that the shelter staff could tell us about Cagney's early life. She had originally been adopted by an elderly woman. Although Cagney was much loved, her caregiver had reached the point where she could no longer



care for her or attend to her needs. The woman's family and friends felt that Cagney would be best served by bringing her to Safe Haven to find a new forever home.

We were also pleased to learn about the Safe Haven adoption policy. This policy requires that all rescues be spayed or neutered, given initial vaccinations, have a microchip placement—placed in the subcutaneous tissue between the shoulder blades—and must

NOT be declawed, before the kitty can be adopted. For all the shelter does on behalf of these animals before they can go home, the adoption fee was more than reasonable. Since bringing Cagney home, she's adapted well to her new name, "Lily" (we call her Lil' Kitty for short). Once home, although we were as kind and calming and caring as we could be, Lily initially preferred to keep her distance. Those first few days seemed a bit scary for her. We introduced her to her food and water bowl, her toys, her box, and her bed in the utility



room and that's where she preferred to stay for the first couple of days.

Then, slowly, she began to show herself. She started moving carefully around our one-story home, taking it all in. After several days it was clear she was beginning to feel her space. Naturally, we gave her all the time she needed. She easily permitted us to pick her up, and over time became a lap cat. Although midway between a kitten and an adult feline, she still sports a lot of friskiness, dashing through the house, playing with gusto, and jumping—she is a jumper, after all.

We intend to abide by the agreement we signed, promising not to have her declawed. So we started early, teaching Lily not to scratch the furniture, helping her to learn "no," keeping her nails shorter—she permits us to clip her nails without protest. We bought her a fairly elaborate cat tower that includes plenty of scratching posts. This turned out to be an excellent investment. She's having so much fun with it! We've even given names to the various levels: the penthouse; the kitty cave; the outdoor balcony (facing the hummingbird feeder).

How happy we are with our Lily! She's been a delight and continues to provide joy beyond measure. She has made a tremendous difference in helping, in part, to fill the tremendous void left by losing Bid's. What an excellent decision to approach *Safe Haven*, *Peninsula Friends of Animals!* We couldn't be happier.



Thanks to a dedicated volunteer and to a generous donor, both of whom wish to remain anonymous, we have completed much needed renovation work on our Isolation and Turtle Towers trailers. Over the past year, approximately \$5,000 was invested in materials and supplies; total value of the improvements, including a new roof on each of the structures, was at least double the cost. Our special needs kitty and the numerous new intakes who require isolated space during the quarantine process now have much improved living areas. PFOA staff is also grateful for a protected outdoor area for sanitizing and storing cat carriers and other items. Again, we thank our anonymous volunteer for all the hard work donated to this worthwhile and much needed project.



By Marilyn Ash

When Judi and her future husband, Greg, met, she was playing outfield in a softball game at Key Largo. What he soon found out was that Judi was an animal lover extraordinaire. When they married, Greg said that he got the "deluxe package." Judi came with a 12 year-old daughter, 3 dogs, 7 cats and a gerbil (Greg always called it "a rat") – all rescues, except the daughter.

Thirty-seven years have now passed. The original dogs, cats and gerbil all lived happy lives until they crossed the Rainbow Bridge. After 30 years in South Florida, Judi and Greg relocated to Forks, about as far from Key Largo as one can get. Shortly after they arrived, Greg found an abandoned kitten - a beautiful little cross-eyed Siamese - close to where he worked. Naturally, the kitten was hungry, so Greg fed her. Judi and Greg were afraid to leave her for the weekend, so Greg brought her home. That was nine years ago, and Quilee is now Queen Bee of the Norton household.

Their daughter grew up, moved to Seattle, and began volunteering at a local cat shelter, where she met a cat named Munchie. Every Saturday she would call her mom about the 10 year

Meet a Volunteer: Judi Norton

old cat who needed a forever home. After a number of weekly phone calls, Judi and Greg adopted Munchie and brought her home. Quilee soon bonded with the new cat, and they became best buddies. Sadly, Munchie eventually developed cancer and made her own trip across the Bridge.

Of course, Quilee was devastated to lose her best friend. It was heartbreaking to see her mourn. Judi headed for Peninsula Friends of Animals, where a new litter of kittens was ready for adoption. A kitten named Halle picked Judi to be his new mom, and the two promptly set off for home. Halle became Hal Z (a more appropriate name for a cute little black kitten), and Quilee had a new friend.

However, Judi and Greg were not used to a small feline family. In July of 2014, PFOA had taken in a "really nice cat from Forks," as described by Shelter Director Nancy Campbell.

Apparently she had been given up for adoption because she was "too needy." She wanted to be inside, not outside, which worked purrfectly for the Norton Indoor Feline Family. Judi came home from PFOA and told Greg about this

"really nice cat," to which Greg responded "Go get her!" and Polite Polly became the third member of the NIFF. She follows Judi everywhere and, content with

lounging in the Norton Catio, doesn't have any desire to go outside.

When asked how she became involved with PFOA, Judi laughed. It seems that both Judi and Greg are boat people. When they needed a part for their boat, they went to Anchor Marine, where they saw photos of cats – lots and lots of cats. Of course, they asked about the cats, and Dallas Campbell,

the owner, recruited them. It didn't take much! And timing is everything: when Judi became a volunteer in 2014, the Events Coordinator needed to retire from the position. Judi met with her, accepted the position, and left with The Green [Events] Book.

After her appointment as Events Coordinator, Judi attended several PFOA Board meetings, and in March of 2015 she was appointed to the Board of Directors. When the current Treasurer retired at the end of 2015, Judi was unanimously elected to fill that position, which she ably served until resigning from the Board in January of 2017. She continues her Events Coordinator activities – a full workload by itself.

Naturally, I asked Judi what she did in her "spare" time. She is in her third year as President of her homeowners association, Monterra. She is just starting her fourth year as a volunteer at Dungeness Spit. She just completed Community Emergency Response Team (CERT) training, conducted by Clallam Fire Department 3. The Fire Department is very active with the CERT program, and provides



Left to right: Quilee, Hal Z, Polite Polly

training once a month to ensure that its volunteer teams are better equipped to deal with search and rescue, first aid, fire safety and other disaster situations.

In short, moving to the Olympic Peninsula was not only a great decision for Judi and her family. The contributions she has made to Peninsula Friends of Animals, as well as the entire community, have been invaluable. *

PAGE 6 VOLUME 19, ISSUE 2

Safe Haven ADOPTABLES! THREE FOREVER FRIENDS

One of PFOA's volunteers, as president of her homeowner's association, was called on to deal with a difficult situation. One of the homeowners had fallen and broken her knee cap, and ended up in rehabilitation for six weeks. The homeowner understood that, because of her situation, she could not return to her home. Of course, she was quite concerned about the welfare of her three cats. Our volunteer, who had been going to the home to feed and care for the cats, discussed options with her, and made arrangements to bring the kitties to Safe Haven. The three cats are bonded, and need to be rehomed together.



LACIE (left) and LUCIE (right) are sisters who were adopted as kittens. They have been together all of their 12 year lives. The closely bonded pair are shorthair brown and white tabby cats. They have been indoor kitties all of their lives, and are declawed. As they grew older, they became less active. Consequently, all three kitties need to be on weight management diets.





When **SUZIE** (left) joined the household as a kitten, Lacie and Lucie were about four years old. They promptly adopted Suzie, also declawed, as "their kitten"

and the three of them planned to live happily ever after. The three cats are very sweet and friendly. When a person's lap is available, all three of them do their best to be in it—at once! They have never been around children, but have had two small dogs in their lives. If you are looking for a readymade feline family, look no further!



Check our website at *http://safehavenpfoa.org/adoptablecats/* for additional information, including a charming video of the three kitties in residence at Safe Haven. And come meet this charming trio. You'll be glad you did!



We urgently need volunteer office help with computer skills. If you can help us, please contact Danette Grady at (360) 452-0414, ext. 3. You will help PFOA and get your "kitty fix" at the same time!

Vet-Smartz



By Virginia M. Johnson DVM Diplomate, American Board of Veterinary Practitioners

FIRST AID FOR ANIMALS

Our animals sometimes get into trouble and get hurt or injured. They eat something they shouldn't – a toxic plant, a sock, garbage, bones. They are injured by another animal or worse – a car. In these cases it is often best to see your veterinarian as soon as possible. A good relationship with a veterinarian or veterinary clinic is important – they can help more readily with injury or illness. Sometimes we get lucky and our sick or injured animals are stable. This gives us a little more time to evaluate our dog or cat and sometimes home first aid is enough.

If your dog or cat is injured or sick and appears stable, take a couple of minutes to evaluate your furry friend. Look at the eyes to see if the pupils are equal in size and respond to you appropriately. Is there bleeding in or around the eyes?

Check your pet's mouth – make sure the mucous membrane is pink. If it is white or bluish, you need to get to your veterinarian quickly. Push your finger gently into an area that is not black or pigmented, take your finger away and count how many seconds it takes to return from white to pink where you pressed. If it is longer than 2 seconds, your pet is sick and needs to see your veterinarian.

Is there bleeding anywhere – in the mouth, on the fur, around the rectum? If the blood is bright red and pumping [arterial bleeding], you need to put pressure on that area and get to your veterinarian ASAP. If the blood is oozing and a darker red color [likely venous bleeding], this can sometimes be controlled at home with good first aid. You can apply pressure to the site of bleeding with a clean wash cloth or towel. If a limb is involved, elevate the limb and continue to apply pressure.

If you still do not have control of the bleeding, try a cold wash cloth or a wash cloth with ice packed inside it. If you cut a toenail too close, apply pressure with a wash cloth on the site or apply corn starch or alum around the nail to reduce bleeding.

Look at how aware your pet is of his or her surroundings. If they are not tracking you or do not realize you are there, and there is trauma involved, you probably need to take your pet to a veterinary clinic.

These are a few instances of things that can happen at home that you can try to treat. When treating your pet at home, you should have the following on hand:

 Buffered aspirin, not Tylenol or Advil that can be toxic for animals. Always give aspirin with food. For dogs give one 325 mg aspirin/40-50 pounds of weight once daily. For cats give one-half to one low-dose aspirin (81 mg) **every 2-3 days**. To help your cat take the aspirin, wash it down with a little water or food, or coat it with butter.

- Antihistamines include Benadryl, Claritin, or Chlortrimetron. Benadryl dosage for most dogs: 1 mg/ pound body weight one to two times daily; for cats: 1/2 mg/pound body weight.
- Bandage supplies Ace bandage, 4x4 gauze squares, gauze rolled bandages, Vet-Wrap/Co-Ban. White tape or Elasticon are great for the outside of the bandage.
- Bandage scissors and safety pins to apply and secure the bandage.
- General antibiotic ointment Bacitracin or Neomycin are good except around the eyes.
- Ophthalmic ointment, saline eye solution or Tears Naturale/ GenTeal Tears to clean and wash the eyes.
- Betadine antiseptic solution/Povidone (generic Betadine)
 very good for cleaning wounds. Always use solution,
 NOT scrub. Scrub around the eyes can do a great deal of damage. Use these solutions to clean wounds and to add to warm water to help soak an infected area.
- Pepto Bismol or Kaopectate can be given with uncomplicated diarrhea. Be very careful with cats. These products have aspirin in them and you MUST be very careful with dosing aspirin in cats. Call your veterinarian if you see any problems with one of these medications.
- Imodium can be used for diarrhea. Give one capsule per 30-40 pounds up to three times daily. Do not use this more than two days. See a doctor if the diarrhea lasts longer than 48 hours.
- Tweezers can be used to remove small pieces of wood or other foreign material.
- Karo syrup can be used to treat low blood sugar. Get the animal to swallow some or rub it on the gums of your pet.
- Thermometer rectal is best. Normal temperature is 100-102.8° F.

These are some instances of what can go wrong in the household and in and around your home. These are guidelines only and are never meant to contradict or circumvent your family veterinarian. If you have any question whether or not your dog or cat should see a veterinarian, please see one. Consider this article an opener for ways to improve veterinary care and good health for your dog and cat. •

PAGE 8 VOLUME 19, ISSUE 2

"Dear Peninsula Friends of Animals . . . "





To my new friends at Safe Haven – I can't tell you how much I appreciated your expert help in getting those poor little kittens to just the right place at just the right time. I hope their eight remaining lives are filled with love and safety. Here's to the helping hands that led to a heartfelt, successful rescue! All my best – **Betsy Bloomfield**, Yakima, WA

P.S. I hope you enjoy this portrait of the babies!



Libby is making a wonderful adjustment, and loves us all. She's slowly warming up to her new space. Trent has renamed her Brigitte, (Brig-e-tah), Brie for short.

We love her! Thank you all, especially Mason, for introducing her to Trent. Wishing you all a very Happy Thanksgiving, We are so Thankful to you all for what you do.

Warmly, Della, Trent, Brie, and the LaCour family



Diana, thank you so much for your call. It gives my wife and me a very good sense of how much your organization cares for your "furry kids". Odie has been a blessing and welcome addition to our family. He is doing wonderfully, adapting very quickly, and is definitely the loving lap cat we wanted. As of today [day 2], he has the full house

to roam, and his bed is now next to ours. But, I bet that he will be sleeping with us most nights, especially in the winter. God Bless, **Doug & Rita Garcia**



My family exchanges names for gift giving each Christmas. This year I drew the name of my niece and her husband. They requested that I give money to PFOA and that this would be my gift to them. In 2015, I drove two orange kittieens – Connie and Gloria – to Ashland, OR, to my niece, Nicolle. Since that time she has moved to Tucson, married, had a daughter, built a beautiful home and still has the kitties, now Ginger and Chloe, who are now about 14 years old. The family visits PFOA every time they are in the area. **Sharron Fogel**



Wishing you old-fashioned pleasures and a world of joy at Christmas. I love you all – people and animals. I miss visiting all the "babies." I hope to restart in 2020. **Carol Goss**



To All at PFOA, Happy Holidays! Thank you for all you do for our furry friends! **Pat Orella**

P.S. Sweetie (aka Danielle) is doing well. She is queen of the house. We lost Gato a couple of years ago. Broke both of our hearts, but we still console each other. She is quite feisty in her old age but so sweet and lovable.

Hi Gals & Guys -We hope you had a wonderful Christmas and holidays. I spent many wonderful hours knitting these blankets, as I don't get out much any more because of my health. We hope you can adopt many cats and, of course, use [the blankets] to send the new adopted pets home [on their] "special" days. Thank you again for your cards. You are all a blessing.

Diana Stuhr

From the Editor: Diana has recently moved out of state, and still sends her handmade gifts to the PFOA kitties! Dear Friends at PFOA,

My stitching friends, Kattcher, and I are sending a bit of help for taking care of our kitty friends. Kattcher and I are knee-deep in potholders – I do the construction and she does the quality control! In between she naps to restore her strength for the task! All our best to all of you!





"Dear Peninsula Friends of Animals . . . "



This is the look I give mom when she asks me to get off the leather couch. *HMPF, like if*.

This is how Olympus [formerly Preacher] feels after his first vet visit! Alex Luschen

Hello, Nancy and all the wonderful folks at PFOA. Here are some pictures of Oscar in his new home at Diamond Point with our other cat, Roscoe. Oscar is now called Boris because it became Want more STORIES? Read more on our Facebook page at: www.facebook.com/ pfoasafehaven

confusing calling Roscoe and Oscar which are so similar. Boris doesn't seem to mind!!!! He is settling in slowly. Roscoe is a real gentleman and trying to show Boris the ropes but Boris obviously has some issues from his previous life. He can be aggressive and bites and swats if he feels threatened. Hopefully this will change over time and we will work hard to help him. We hope he will be happy here and that he has found his permanent home but it may be a matter of time before we know for sure. Hope you like these pictures and thanks again for all you do. **Brenda and Jack Landstrom.**





Lola is doing wonderfully! It has taken a few extra days but she has successfully won over the hearts of her fellow feline housemates. I have a few pictures I will send along. Thank you so much for providing this amazing service. **Scotland Noonan**



Just wanted to send an update on Big T, or "Tommy" to his previous owners. We adopted him in July of 2018 and renamed him "Moss." After a period of adjustment, our first cat, Flap Jack warmed up to him and now accepts him as part of the family. We think about Moss' previous owners often and we hope

that they will read this and know how grateful we are to have Tommy in our lives. He has brought us so much joy.

Thank you so much for allowing us to find him and bring him home. It is such a pleasure to take care of him. We sincerely hope his previous owners will enjoy this update and maybe the heartbreak they feel from having to say goodbye to Tommy will be a little less.

We love him so much. We are so grateful. Warmest regards, **Makay and Kirstie Bingham**

PAGE 10 VOLUME 19, ISSUE 2

Look who's been adopted!

See some adoptable pets on Page 6 and online at http://safehavenpfoa.org

---Continued from Page 1









I eah











Larry





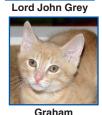
















Fiona









Dear Rosie and Boo,

This is Bella, Mama Betty's kitty.

I wanted to thank you for the article you wrote in the last issue and for interviewing Mama Betty about our life together. I don't know if you know, but my mama died suddenly just after Alicia interviewed her. I didn't get a chance to see Alicia before I left to live with my other family, but I wanted thank all of you for what you wrote about us retired kitties.

Mama Betty and I were together more years than I can count – since I was a wee thing – and I feel so fortunate that I was with her at the very end.

I am so very lonely without her, but my family is helping and we are all grieving together.

Sending both of you love, Bella

Rosie replies:

Dear Bella,

Thank you so much for writing and letting us know. I don't even know what to say. Boo will be better at this than me, I'm sure. I'm so sorry you lost your mama. I can't imagine how hard that would be. We are all sending you and your family strong healing feline vibes to help you get through this difficult time. Please let us know if we can help!

Love, Rosie

Boo replies:

Oh, my ... oh, Bella. I know I'm, like, young enough to be your daughter, but right now I just want to reach out and hug you and tell you I understand. Peeka and I both lost our mama quite suddenly, or so it seemed to us. I know how lost you're feeling, maybe, even though you have the rest of your family there. You are so, so lucky to have them! Peeka and I are thankful every day that we have each other. We couldn't have survived that without each other, and without PFOA swooping in to save us again. I think you should just lean on your family. Let them love on you and love on them. I always hear Alicia say, during her grief support group, that there is no right or wrong way to grieve and I kinda think she knows what she's talking about. We all love you here. Like Rosie said, let us know if we can help.

Sending the biggest of biggest hugs, Boo

PAGE 12 VOLUME 19, ISSUE 2



Memorials and Honorariums



Memorials given in honor of a deceased pet, in memory of a friend or family member, or Honorariums to thank special friends are a lovely way to say "Thank you" or "I love you" or "I miss you." A public statement of remembrance can help bring closure or soften grief, as well as honor a loved one.

Please note that there could be up to a four-month lag between the cutoff date for receiving memorials and honorariums and the date that Pet Tidings is published and delivered to your home. All remembrances not received by the cutoff date will be printed in the following issue.

Honorariums (Person)

- In honor of Pam J. Ross. From Rebecca Skilling
- In honor of Diane Stenzel and Shady. From Paulette Willson
- In honor of John & Sara Kurtin. From Barbara Ward
- In honor of Laurie Ward. From Joan Marsh
- In honor of Carol & Mike Howard. From Susan Houghton
- In honor of Kerri Wiggins. From Patricia Wiggins

Honorarium (Pet)

- In honor of Rosalie. From Richard Hahn & Loretta Flanders
- In honor of **Sweetums**. From **Roger Bergmans**
- In honor of Ozzette (Quinault). From Ann Wolfe
- In honor of Molly Marie Sparling. From William & Alma Sparling
- In honor of my pets, Spike, Tara, & Tinker. From Linda Sewright
- In honor of Ted & Linda Dennis's cat, **Sparky**. From **Sherri** Chazarian
- In honor of my cat, Kacci. From Fred Morris
- In honor of Bert & Ernie, our dear cats from PFOA, From Chuck & Debra Holland
- In honor of Luna (aka Stickers). From Colleen Rowe
- In honor of our cat. From John & Roz Jacobi
- In honor of my cats, Buddy, Shaddi, Graci & KD. From Gail MacNeill
- In honor of Emmie & Cora Cram. From Christie Cram (Malanga)
- In honor of my cat, Fancytail Summer. From Michael Snyder
- In honor of my cat, Carmine. From Sandra Cilk
- In honor of my cat, **Asia**, and my dog, **Baby**. From **Carol Ann Collins**
- In honor of Evee. From Anne Storch
- In honor of **Lily**. From **Anne Goetzman**
- In honor of our cats, Nyla & Phoenix. From Judy Hendrickson

In Memory of Special People

- \blacksquare In memory of Shirley Lackman. From Carla Howe
- In memory of Marie McCooey. From The Olympic Peninsula Orchid Society
- In memory of my dear friend, Lynne Sharp. From Tammy White
- In memory of Marie McCooey. From Faye Hayden
- In memory of my sister, **Becky Wilson**, who loved all cats! From **Suzanne Hadley**

- In memory of my friend of 20 years, **Marie McCooey**. She loved animals and especially her two cats, Panny and Tiger and her beloved dog, JR. From **Shirley Parsons**
- In memory of Charles Spoerri. From Barbara Spoerri
- In memory of **Lynne Sharp**, loved and missed by so many. From **Diane & Leon Lopez**
- In memory of **Kathleen**. From **James Cunningham**.
- In memory of Beatrice Caulfield. From Sandy & Larry Davidson
- In memory of Judy. From Kenneth Hill
- In memory of my husband, **John Anderson**. From **Betty Anderson**
- In loving memory of **Kay Willson Duff and Domino**. From **Paulette Willson**
- In memory of Elaine Stone. From Christine Spirz
- In memory of **Bob Willis**. From **Patricia Willis**
- In memory of Leonard Floyd. From Cindy Johnson
- In memory of **Helen Mc Cammon**, a wonderful friend and neighbor. From **Sarah Bird**
- In memory of Barbara Swedeen. From Jerry & Ruth Swedeen

In Memory of Beloved Companion Animals

- In memory of my cat, Callie. From Carla Howe
- In memory of my cat. From Barbara Hughes
- In memory of Peg Buell's cat, **Pepper**. From **Adrienne Gonzalez**
- In memory of **BC**, beloved cat of Pepper & Neil Gamroth. From **Jenna & Bruce Brod**
- In memory of **Jaffa**, long-time kitty-member of the Jack & Brenda Landstrom family. From **Carrie Kalina**
- In memory of **Sunny**, my 18-year-old black beauty. She was one of the first Safe Haven residents, who lived there for six years until she adopted me. We miss her so. From **Karen Groves**, **Emmy**, **Simoni and Bailey**
- In memory of my dog, Stanley. From Janet Norman
- In memory of **Rufus**, beloved cat of Candi & Dale Arveson. From **Jenna & Bruce Brod**
- In memory of **Johnson**, aka Buster, with our good wishes for all of you. From **Jamie & Bob Bima**
- In memory of my cat, Tobias. From David Neupert
- In memory of my cat, **Tippy**. From **Bruce Johnson**
- In memory of our cat, Cinnamon. From Don & Janice Jenkins
- In memory of my red Australian terrier, **Grd Ch Harringtons**
- **Red Hook of Figaro**, "Brew.". Gone way too soon. From **Jeannine Harrington**
- In memory of our cat, **Boonie**, who passed over the Rainbow Bridge in October. From **Dan & Marylou Tatum**
- In memory of Little Bit. From Wally Kohl
- In memory of our cat, Yang Yang. From Marcia Farrell
- In memory of my cat, **Reggie**. From **Dianne Whitaker**
- In memory of Jessica Fulwider's & Kyle Murphy's Iris. From Betsy
- In memory of **McGee**. From **Irene Syman**
- In memory of my cat, Cleopatra. From Vicki Sensiba
- In memory of Patricia Bids's cat, **Boo Bids**. From **Mary Bess**
- In memory of Gus Spraker's dog, **Pee Wee**. From **Kathy Larson**

- In memory of Blue. From Linda Martz
- In memory of my sweet **Abby**, who lived with me for 24 years. From **Charlotte Patterson**
- In memory of our Zeus & Pippa. From James & Valarie Bowers
- In memory of my cat, **Metallica**. From **Rita Thatcher**

The memorial wall at Safe Haven. Memorial tiles honoring a beloved pet are available for purchase. They form the frame of the Rainbow Bridge mural. It's a wonderful place to visit and honor the animals who wait for us.





Chasing Sunbeams

By Bill Sparling

I have no idea how we ever got along without this cat whom we call "Molly."

We formerly had a wonderful gold and white rescue cat named Kelly who was, as our Veterinarian staff referred to him, "A one-in-a-million" cat. And that, he was. He spent twelve wonderful years with us until we had to allow him to cat-nap forever. It was hard to get over his passing but when we decided to get another cat, we checked out PFOA. To make a long story short, we found this fascinating Tortie/Siamese creature who has done her very best to help us get over losing Kelly.

A bit over three years later and she has taught us so many wonderful things – like how to serve her dry cat food from an inverted medicine bottle lid and then use that same lid to serve her a drink of water to wash it all down. Mind you, just tap water won't do. It must be iced water. She jumps up onto the arm of my chair and stares at me with those big blue eyes and, without a sound, makes me understand that it is time for a little snack and a drink and of course, a little squeeze and a kiss on top of her head.

She has become especially adept at letting us know that she has a need. If we don't pay attention when she sits and gazes at us, she will reach out with her right paw and tap us on an arm or leg to get our attention. Then she gives us a more intense glare as if to say, "Don't you understand, stupid? I have a need. Figure it out and *quickly*!"

I have also learned that one of her favorite things is to be spoken to or, of all things, sung to. One evening, she spent a solid half hour snuggled up against me while I chatted to her and sang silly, out-of-tune, made-up songs to her. The only thing that moved was her tail which, I have found, wags furiously when she is happy. She enjoys the sound of my voice and looks at me as if she wishes that she could answer. At other times, being a Tortie, she will let me know, "Not now; I have a headache."

She has learned how to follow sunbeams across the living room floor. She lies down on the leading edge of the sunbeam and sleeps there until the trailing edge of the sunbeam has passed over her. Then she gets up and moves to the new leading edge where she lies down and naps for another hour. A couple of months ago, I caught a picture of her "in the crosshairs" of the shadow pattern of the window. She was flat on her back with her feet curled up, dead to the world and smack-dab in the middle of a warm bath of sunshine.

A few weeks ago, I taught her to do what I wanted her to do and I was amazed. She was standing on the arm of

my chair, staring at me with those big, blue eyes (which no one could resist) and I looked at her and said, "Sit down, please." She looked at me as if to say, "What do you mean?" and I gently pushed



on her rump and she sat down. She has since amazed us by remembering that command and she now sits down when asked. I was incredulous. She is very quick to learn and her memory seems to be well intact.

Excuse me, please. As if on cue, she appeared just off my left elbow, asking for a snack and a drink. Maybe I can get her to write of her further adventures in another issue. In the meantime, I must do my daddy duty.

We hope you are having a wonderful day with your own little furry little bundle(s) of joy.

Best wishes, Bill and Molly

PAGE 14 VOLUME 19, ISSUE 2

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Gerber's Chicken & Ham Baby Food Fromm Hasen Duckenpfeffer Recipe

Cleaning Supplies:

Paper towels, toilet paper, Kleenex (septic safe) Quart and gallon Ziploc bags

13-gallon trash bags

10-gallon waste basket liners

High efficiency non-scented liquid laundry soap

Liquid dishwasher soap

Bleach

Kids 'n Pets stain and odor remover

Libman wonder mop refills Brooms and dustpans Industrial spray bottles

Additional items for the kitties:

Round cardboard replacement scratchers and flat

scratchers

Medium and large top loader carriers

Feliway refills

K&H self warming pet pads

Snuggle Safe microwaveable heat pads

Kitten-sized beds, 17"x12", Quiet Time 40218 PB

Kitten-appropriate toys and scratchers World's Best Cat Litter

Digital pet scale

Other shelter needs:

Bottled water

Gift cards to Safeway, Costco and Walmart for various shelter items

\$10 gift cards from Safeway or QFC for volunteers who

transport cats to/from Hadlock Veterinary

Sturdy resin outdoor chairs and waterproof chair pads

Chaise lounge cushion

DARE TO DREAM - URGENT NEED

Avid Minitracker 3 Universal Scanner

AVAILABLE TO PURCHASE:

PFOA potholders are available at the following local businesses:

- Safe Haven, on Highway 101 between Sequim and Port Angeles, (360) 452-0414
- Hair Trix Salon, 21 Valley Center Place, Carlsborg, (360) 681-3749
- Mia Bella, 130 N 3rd Ave, Sequim, (360) 460-0947
- Old Post Office Sweets & Gifts, 751 Carlsborg Road, Carlsborg, (360) 681-8014
- Wild Birds Unlimited, 275953 Hwy 101, Gardiner, (360) 797-7100
- George Washington Inn, 939 Finn Hall Road, Port Angeles, (360) 452-5207
- Jardin du Soleil Lavender, 3932 Sequim Dungeness Way, Sequim, (360) 582-1185
- Country Aire, 200 W 1st St,, Port Angeles, (360) 452-7175
- Patrícia's Pet Shop, 501 S Lincoln St, Port Angeles, (360) 457-6919
- Hardy's Market, 10200 Old Olympic Hwy, Sequim, (360) 582-0240

You may purchase these wonderful potholders in many colors and patterns. All proceeds benefit the PFOA animals!

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PFOA is a 501(c)(3) nonprofit organization, Fed ID # 91-2127240

OUR MISSION

To prevent the birth of unwanted cats and dogs through progressive spay/neuter and educational programs; and to place as many homeless, neglected, and abused animals as possible into good, safe, permanent homes.

Find us on Facebook! www.facebook.com/ pfoasafehaven



Dates to remember:

- The PFOA Board meets at Safe Haven from 11:30am-2:00pm on the third Wednesday of every other month. The public is welcome to attend. Members who are interested are encouraged to come and observe.
- Safe Haven shelter is open Tuesday through Saturday from 11am-4pm, closed Sunday and Monday. Call (360) 452-0414 and press "2" to make an appointment; appointments required.
- Catnip & Sip, April 11
- Irrigation Festival, May 1-3
- Lavender Festival, July 17-19

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